

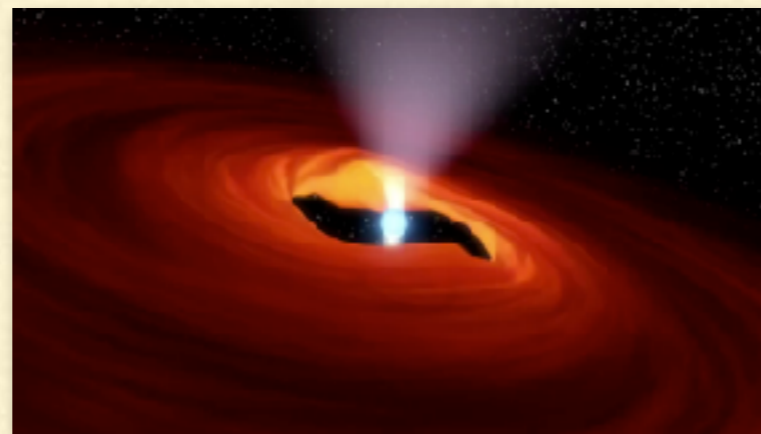
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# Pulsing ULXs (PULXs): low-B, super-Eddington accretion

**Jean-Pierre Lasota**

**Institut d'Astrophysique de Paris & N. Copernicus Astronomical Center, Warsaw**

*Collaborators: Andrew King, Włodek Kluźniak and Matt Middleton*



**Ultra-luminous X-ray pulsars**

**6 - 8 June 2018**

**European Space Astronomy Centre (ESAC)**

**Villafranca del Castillo, Madrid, Spain**

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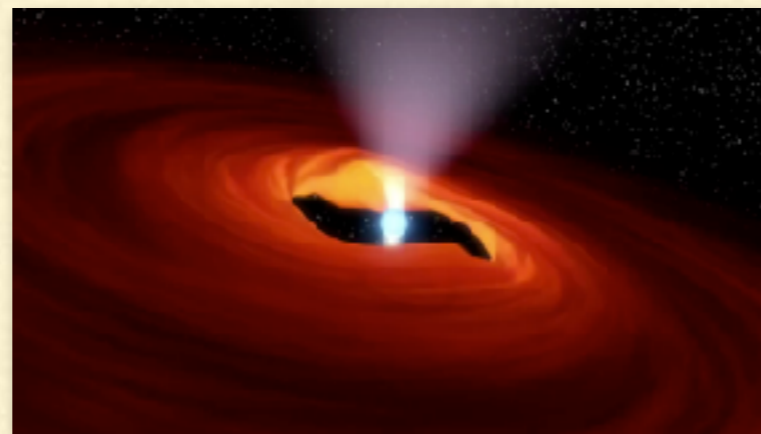
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# Don't be afraid of super-Eddington accretion !

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## Definitions:

$$L_{\text{Edd}} = \frac{4\pi cGM}{\kappa} = 2.5 \times 10^{38} (1 + X)^{-1} \left( \frac{M}{M_{\odot}} \right) \text{ erg s}^{-1}$$

Solar composition:

$$L_{\text{Edd}} = 1.5 \times 10^{38} \left( \frac{M}{M_{\odot}} \right) \text{ erg s}^{-1}$$

Neutron-star mass:

$$L_{\text{Edd}}(\text{N*}) = 2.1 \times 10^{38} \text{ erg s}^{-1}$$

Accretion rate:

$$\dot{M}_{\text{Edd}} = \frac{L_{\text{Edd}}}{0.1c^2} = 1.6 \times 10^{18} m_1 \text{ g s}^{-1} = 2.5 \times 10^{-8} m_1 M_{\odot} \text{ yr}^{-1}$$

$$m_1 \equiv \frac{M}{M_{\odot}}$$

$$\dot{m} \equiv \frac{\dot{M}}{\dot{M}_{\text{Edd}}}$$

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At least 6 neutron-star accreting systems (NGC2403 ULX, SMC X-3, NGC300 ULX1, NGC7793 P13, M82 X-2, NGC5907 ULX) are observed to have super-Eddington luminosities: from  $\sim 6$  to  $\sim 476 L_{\text{Edd}}(N^*)$ .

**There is nothing (physically) wrong, with super-Eddington luminosities, or with super-Eddington accretion rates. The Eddington luminosity is a critical, not a limiting luminosity.**

**There is no limit on accretion rate onto a black hole (Begelman 1979): photons inside the trapping radius**

$$R_{\text{tr}} \equiv \frac{\kappa_{\text{es}} \dot{M}}{4\pi c} = \frac{\dot{m}}{2} R_{\text{Sch}}$$

**are trapped and advected into the BH.**

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# Super-Eddington accretion



(trapped photons = Wile E. Coyote)

# Black hole



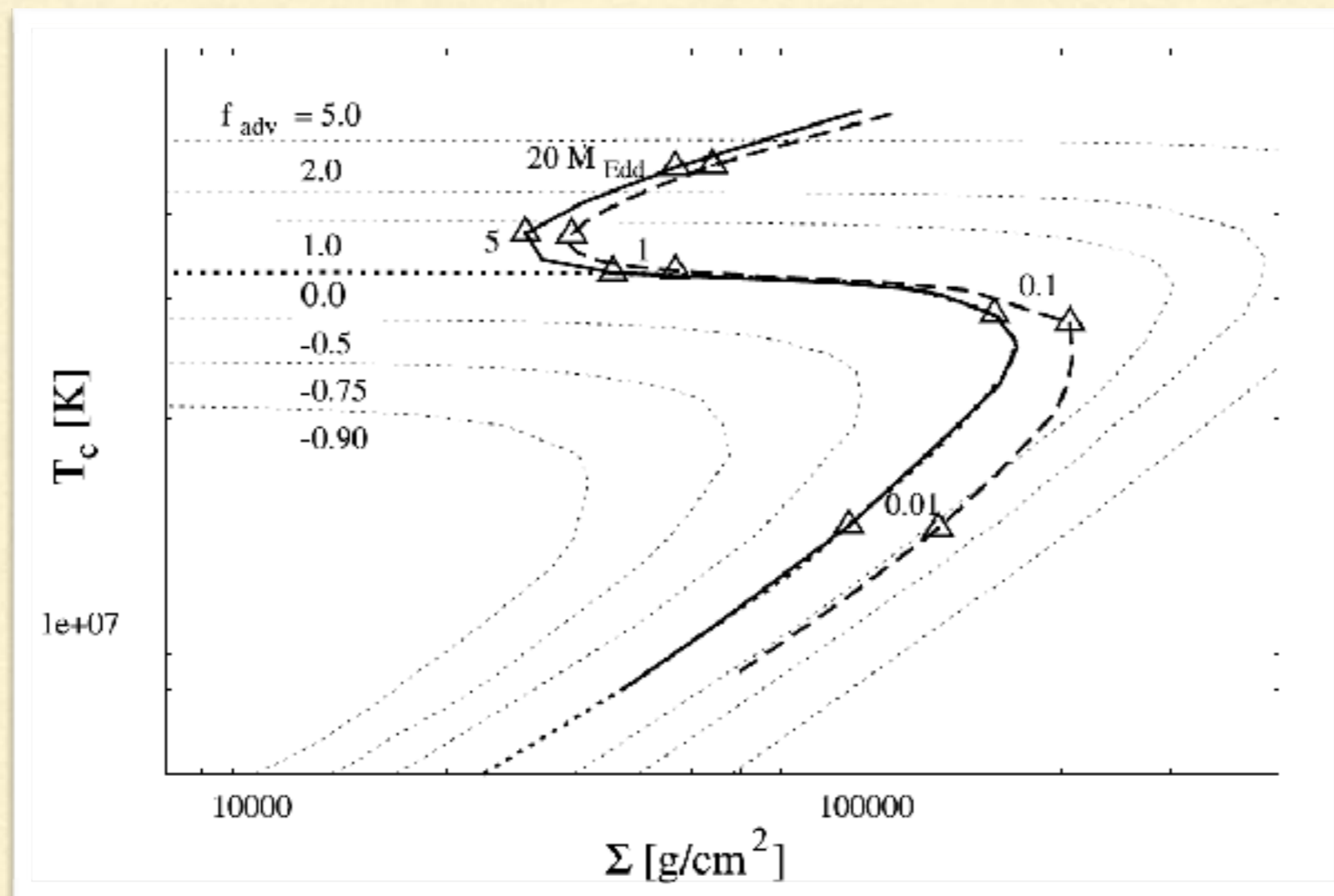
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## Neutron star: more complicated because of hard surface



Btw, for radiative-pressure dominated flows, super-Eddington accretion is better understood than sub-Eddington accretion: theory predicts violent instability at few % of Eddington accretion rate. This instability is not observed.

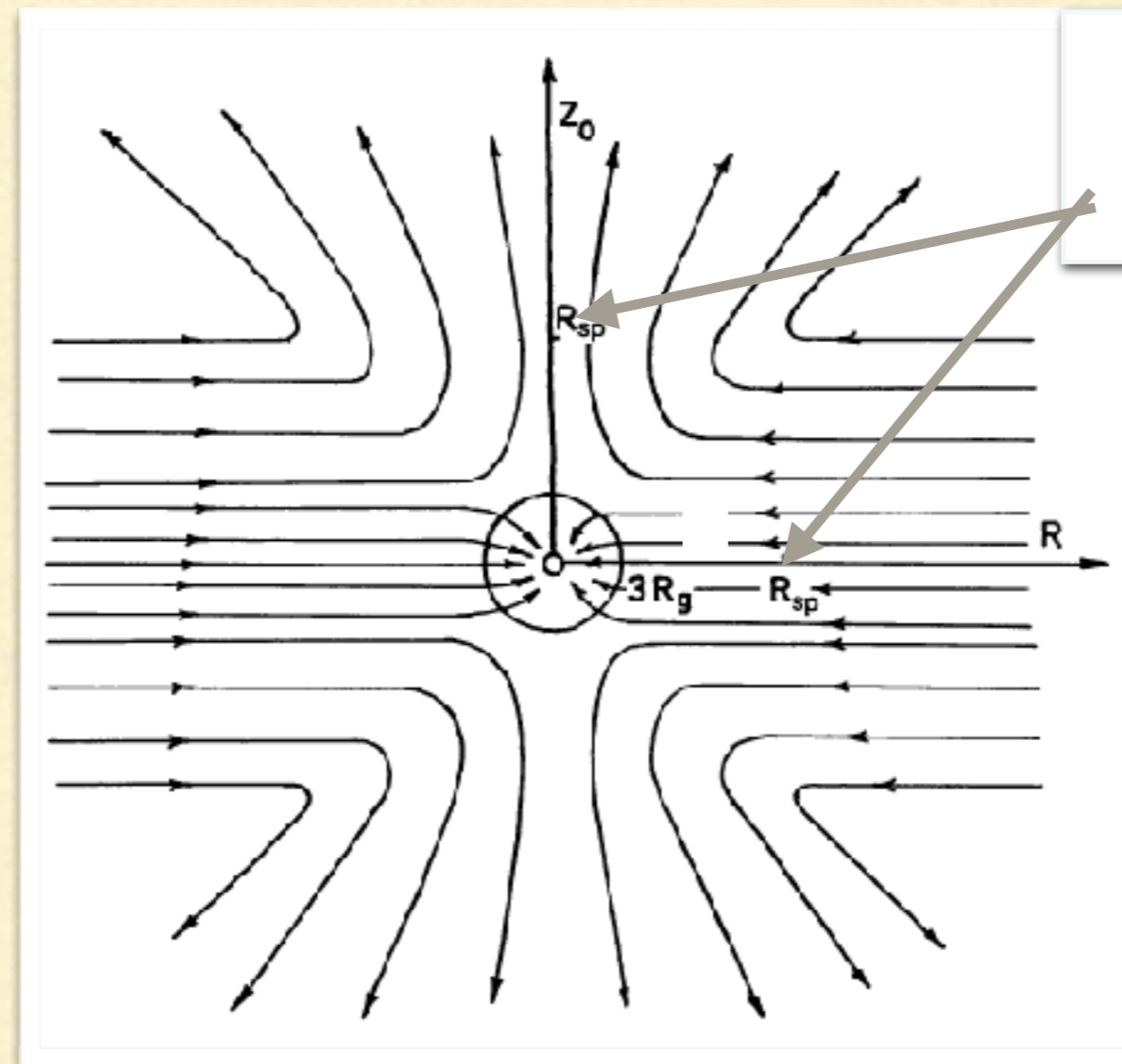
It gets suppressed by advection at super-Eddington rates.



Slim discs

Sądowski et al. 2011

# Supercritical accretion generates outflows through radiative pressure (Shakura & Sunyaev 1973)



$$R_{\text{sph}} \simeq \frac{27}{4} \dot{m}_0 R_S$$

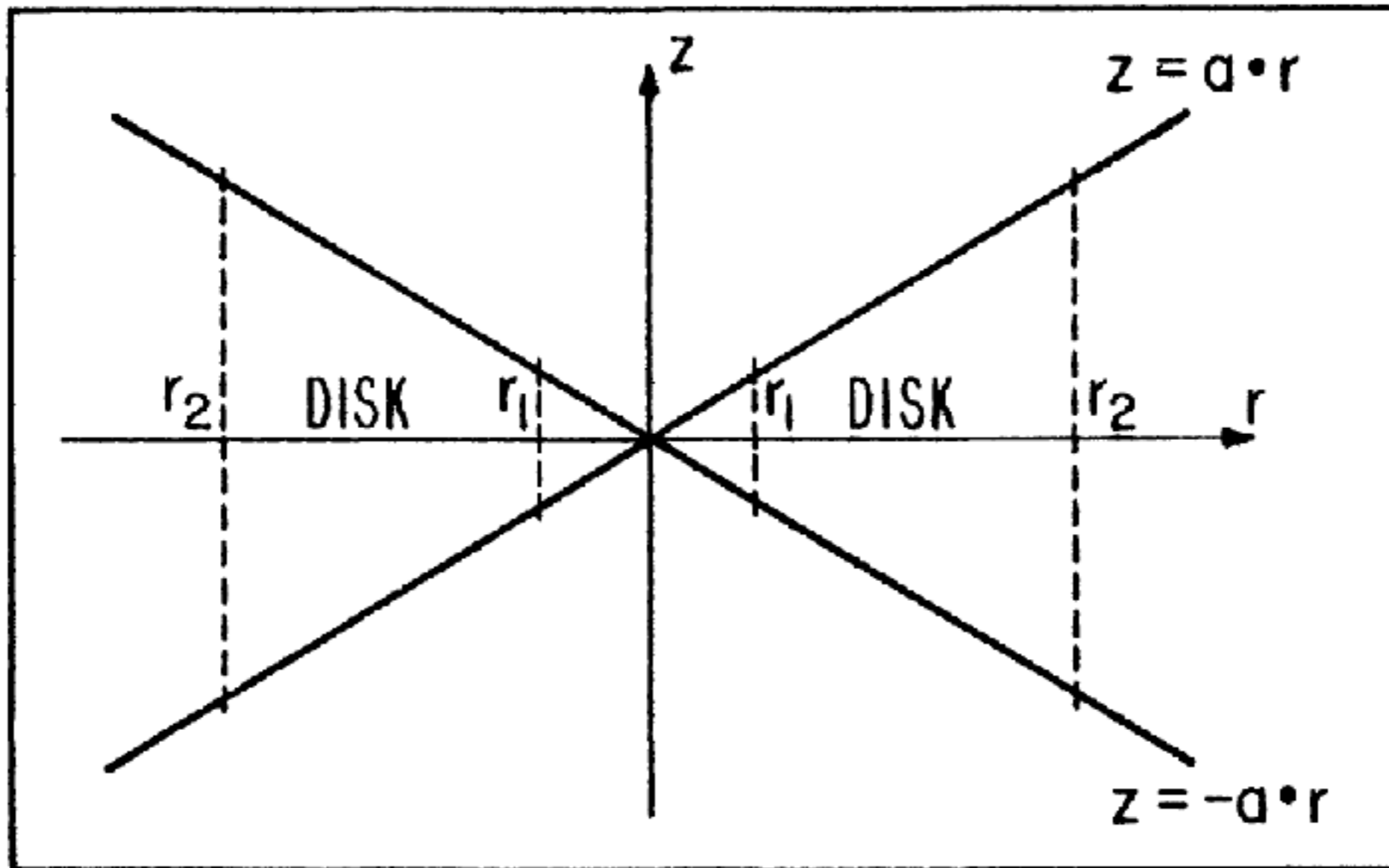
Outflow

$$\dot{M}(R) \simeq \frac{R}{R_{\text{in}}} \dot{M}_{\text{Edd}}$$

leads to

$$L_{\text{sph}} \approx L_E \left[ 1 + \ln(1 + \dot{m}) \right]$$

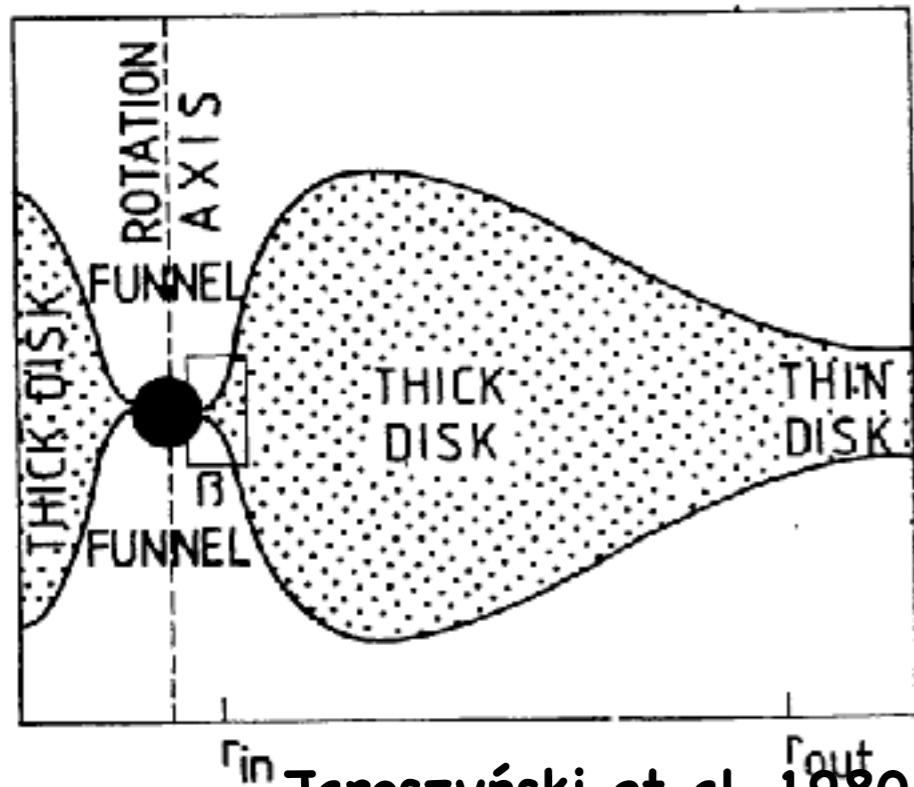
Paczynski 1980: "thick discs".



$$L = L_{\text{cr}} a(1 + a^2)^{-1/2} \ln (r_2/r_1)$$

$$L/L_{\text{cr}} = 4.8 \log(\dot{M}/\dot{M}_{\text{cr}}), \text{ for } 5 < \dot{M}/\dot{M}_{\text{cr}} < 100$$

# Polish doughnuts

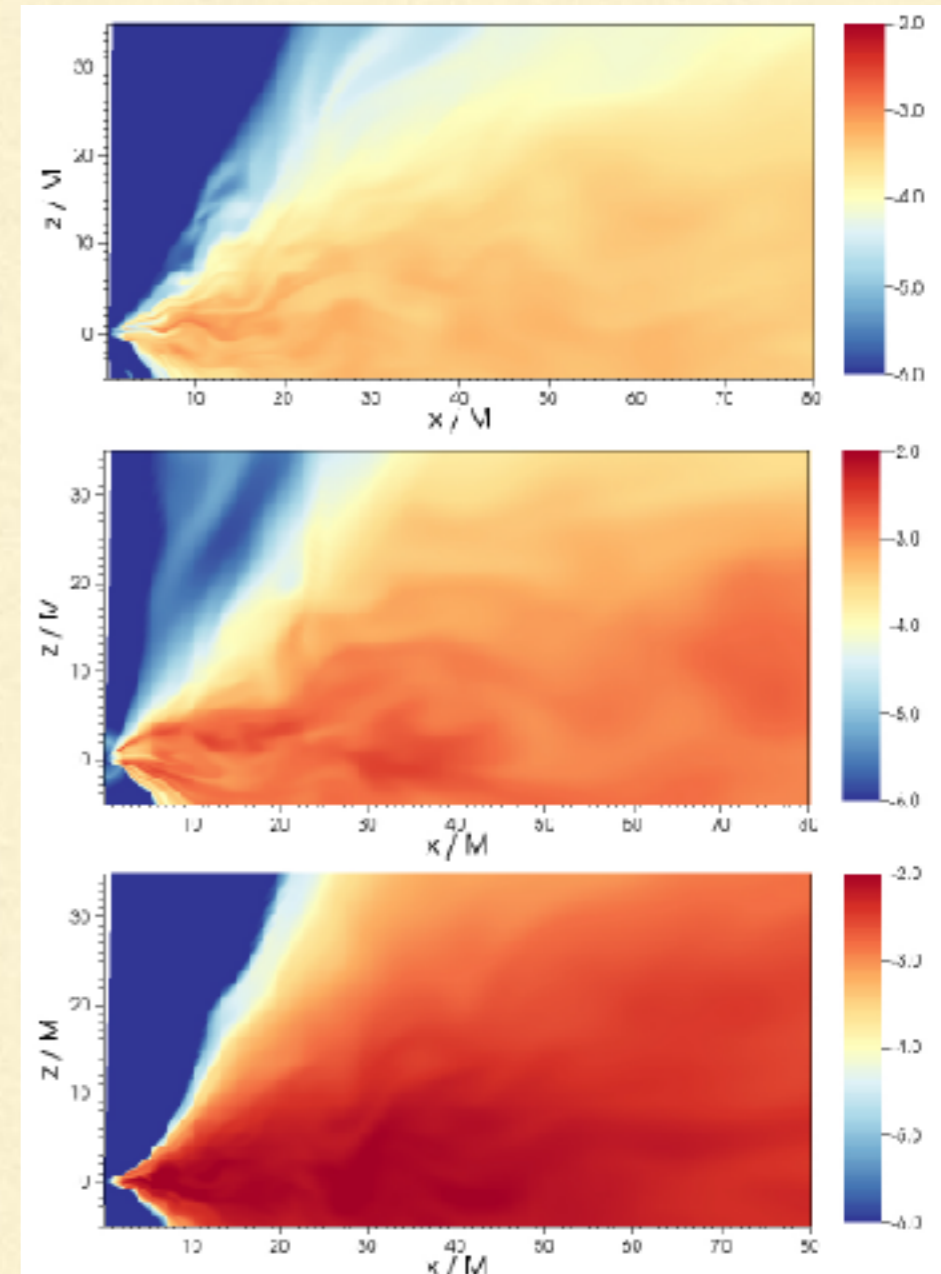


Jaroszyński et al. 1980

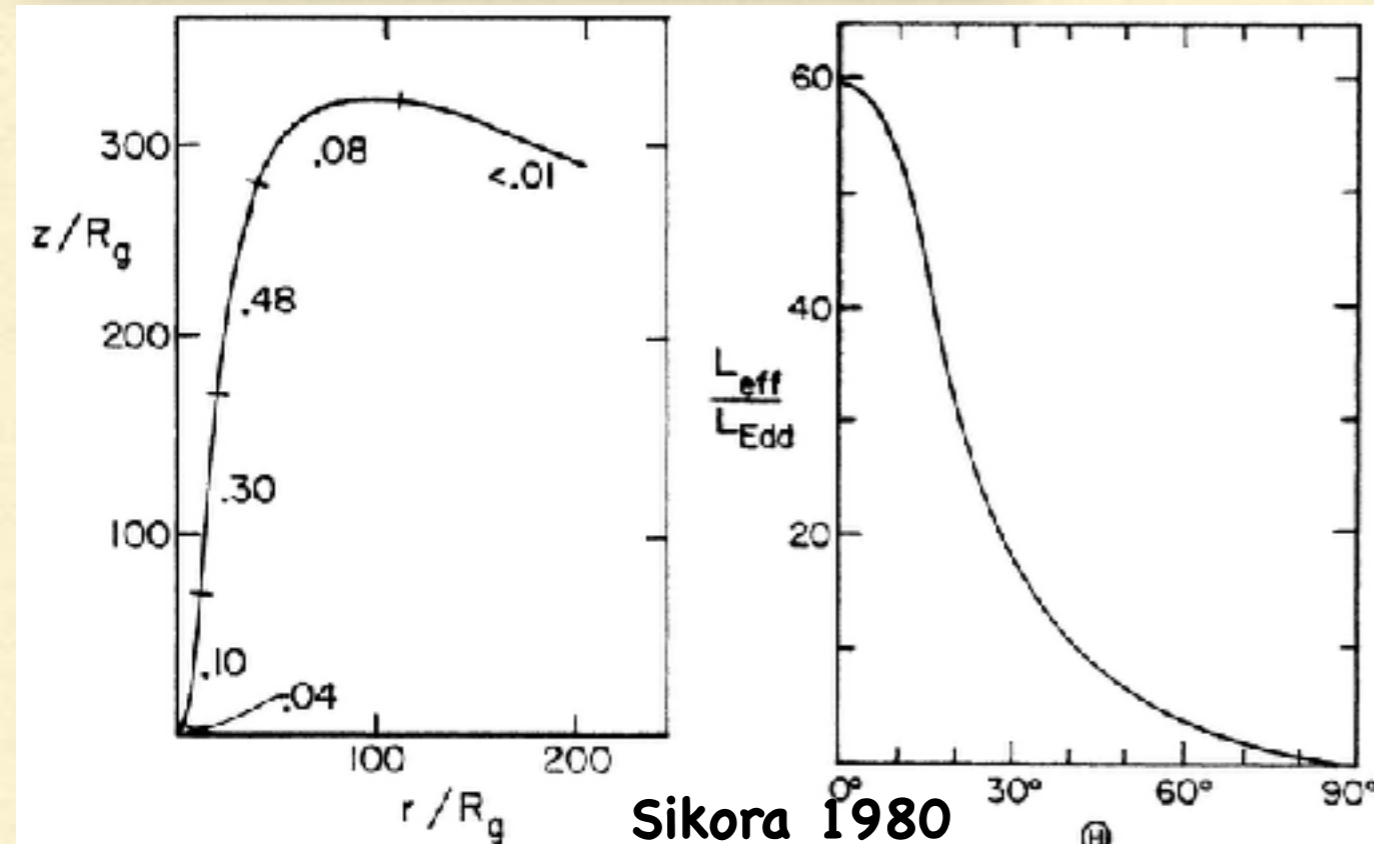
Collimation:

$$L_{app} = \frac{1}{b} L_{Edd} \ln \dot{m} \quad ?$$

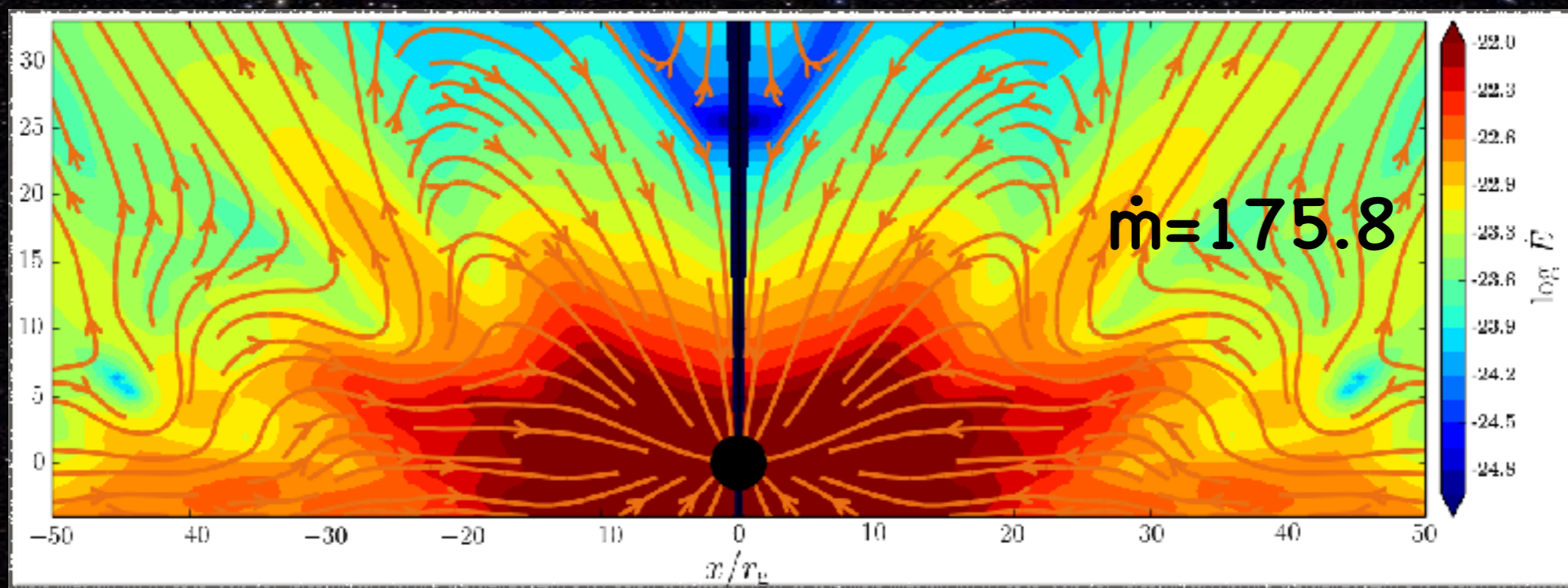
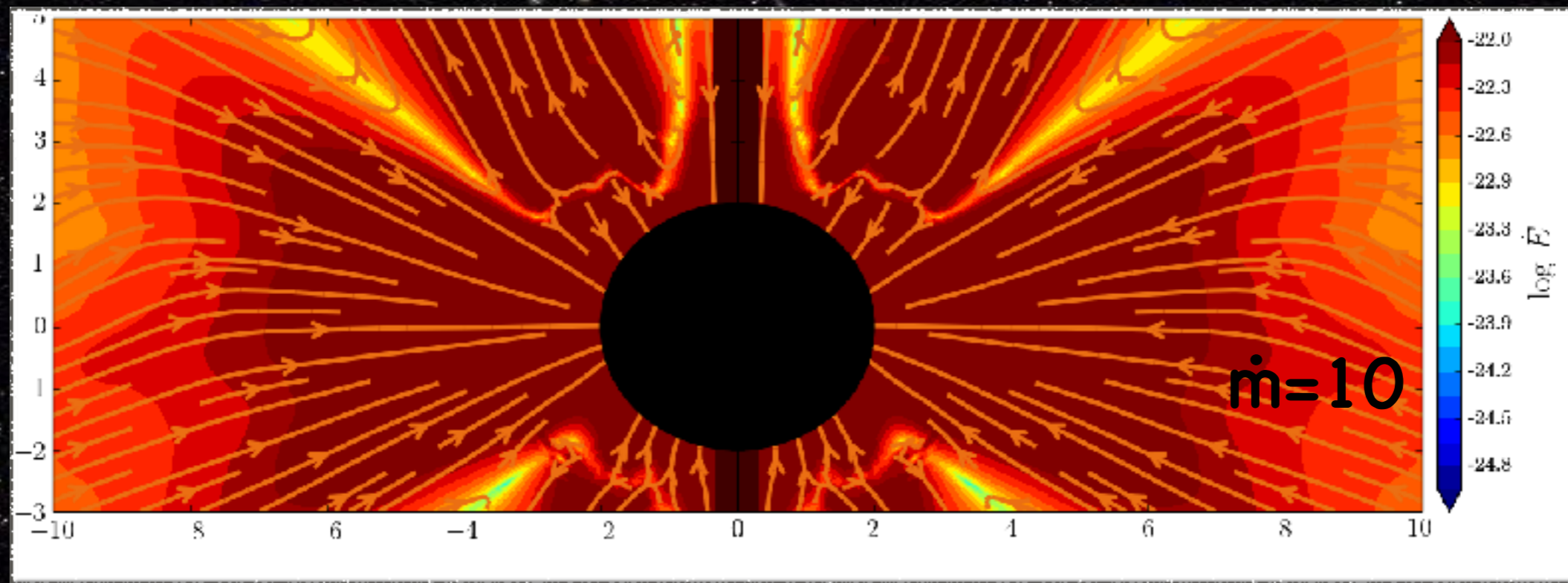
$$\dot{m} = 9.6$$



Lasota et al. 2016



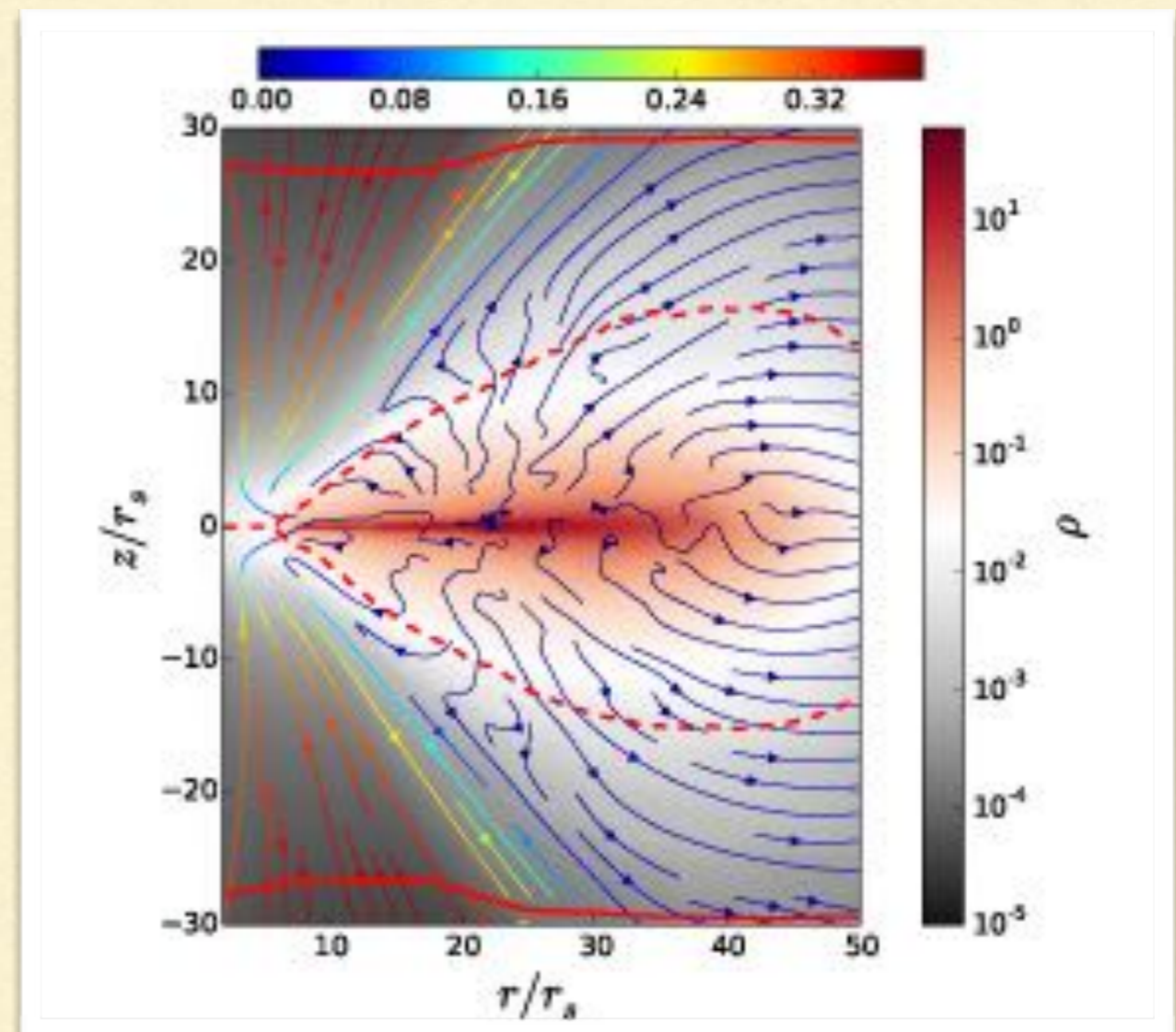
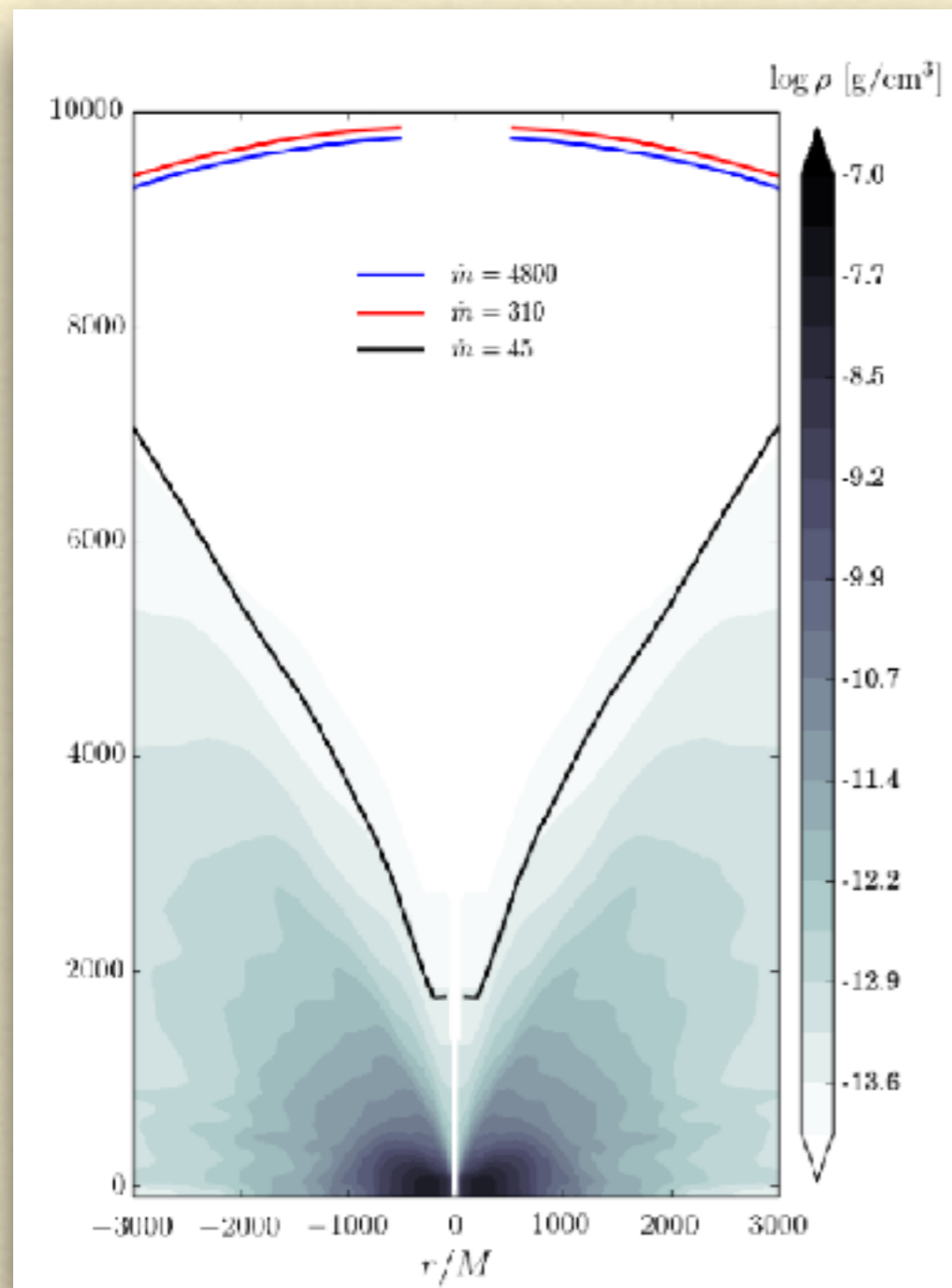
Sikora 1980



$$L_{\text{sph}} \approx L_E \left[ 1 + \ln(1 + \dot{m}) \right]$$

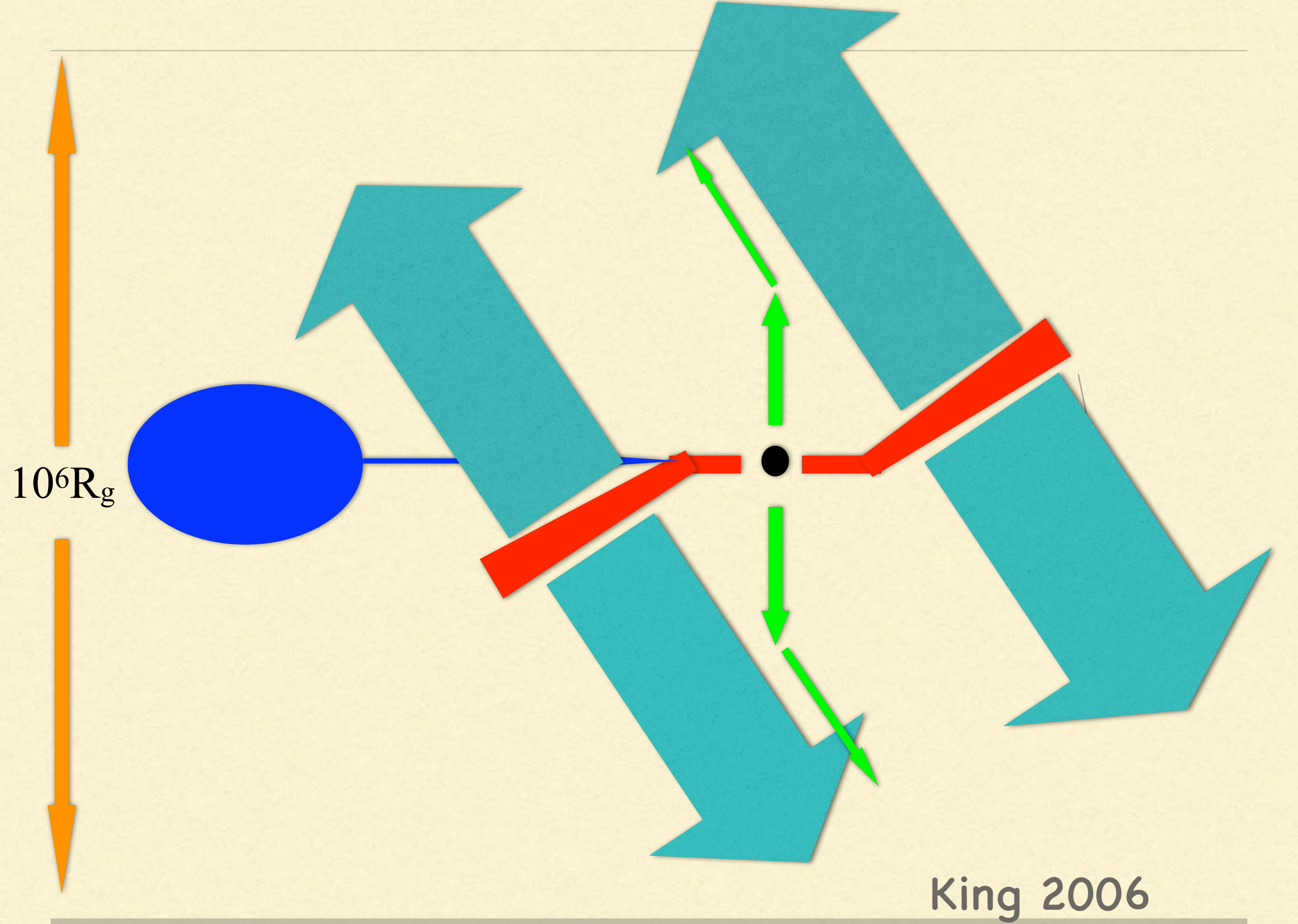
Sądowski, Lasota, Abramowicz, Narayan 2016

# Problem: the photosphere



Jiang, Stone & Davis 2014

Sądowski & Narayan 2015

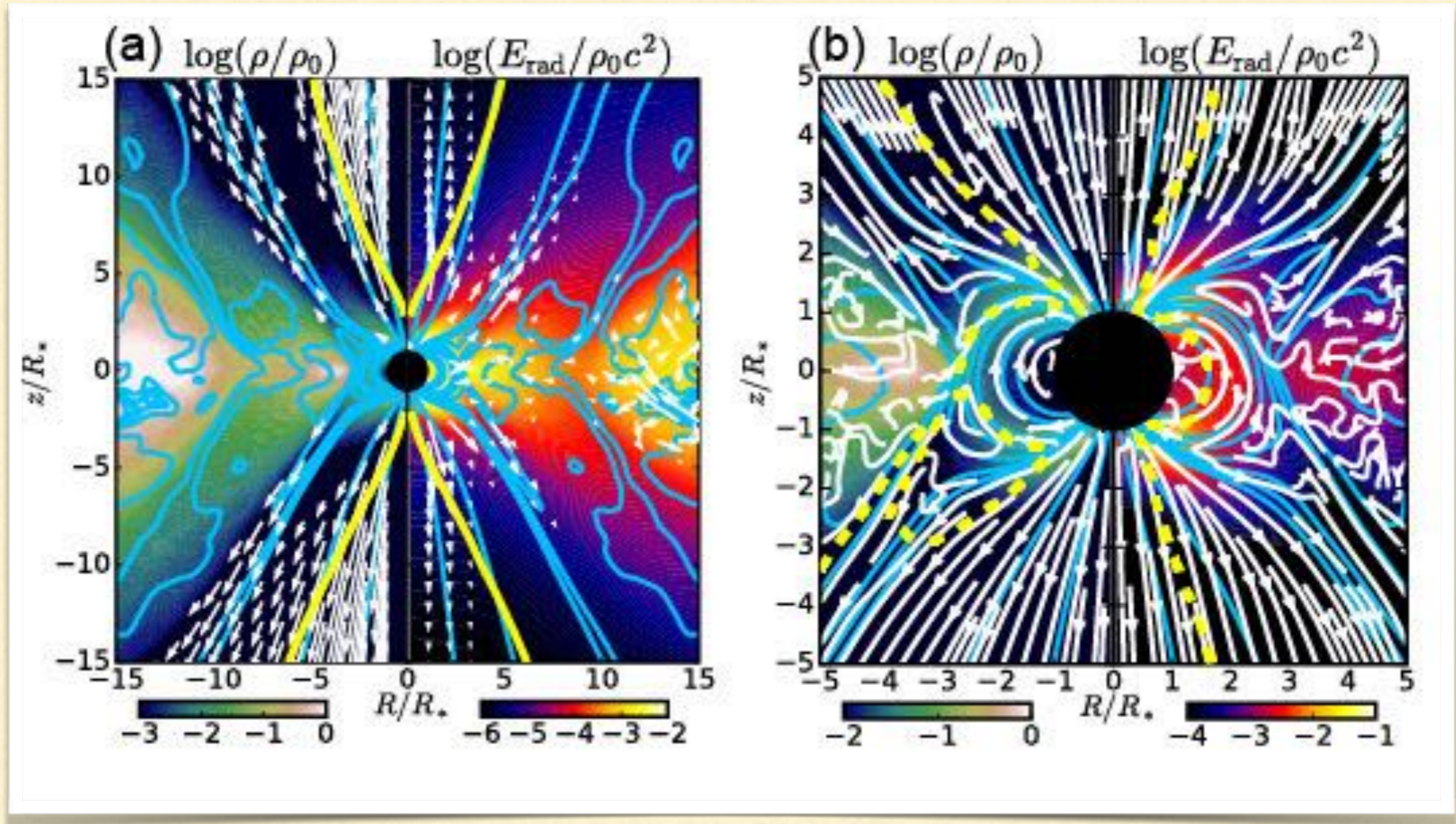


King 2006

# Magnetised ( $10^{10}$ G) non-rotating neutron star

$$L \sim 10 L_{\text{Edd}}$$

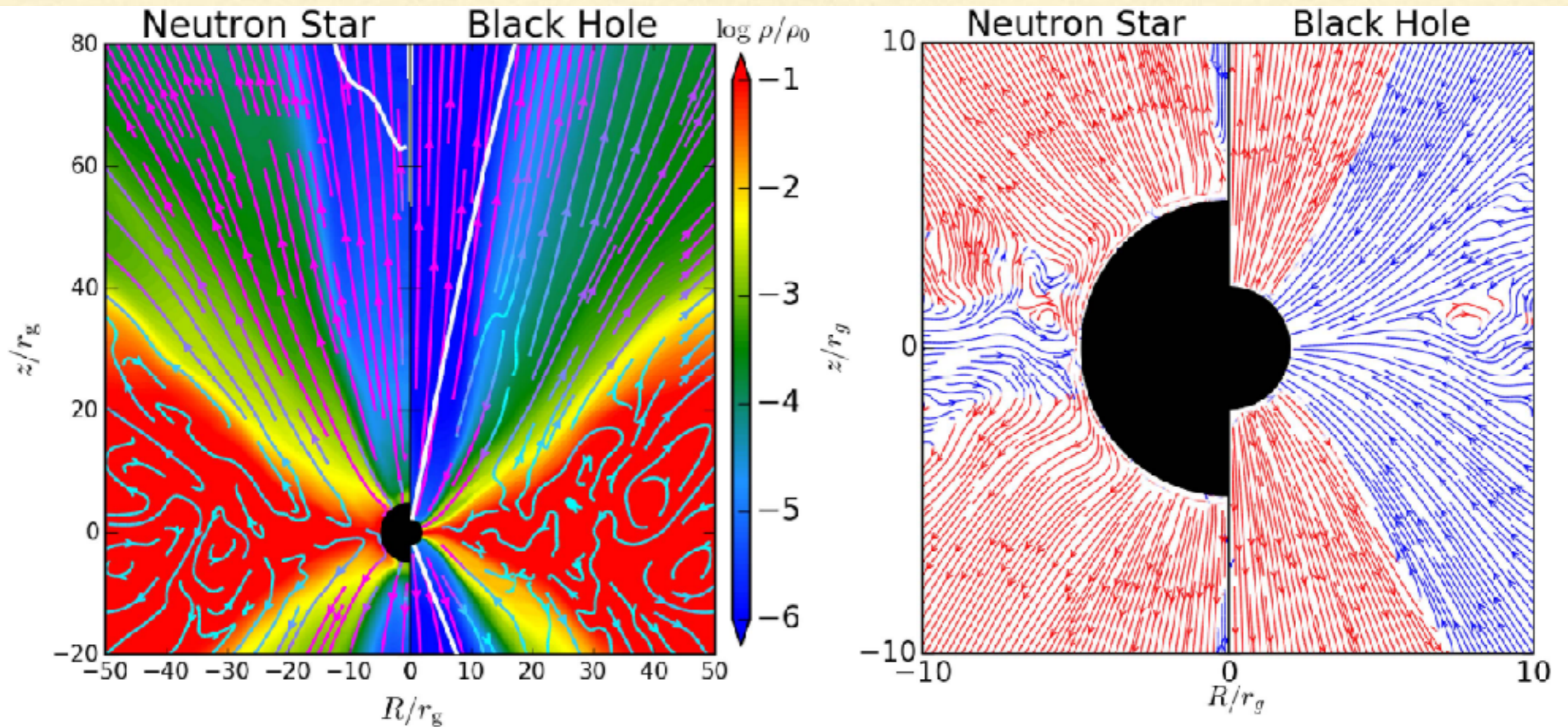
$$\dot{M} \sim 66 L_{\text{Edd}}/c^2$$



Takahashi & Ohsuga 2017

# Non-magnetised, non-rotating neutron star and black hole

*"Supercritical Accretion onto a Non-magnetized Neutron Star:  
Why is it Feasible?"*



Takahashi, Mineshige & Ohsuga 2018

## Pulsing ULXs: PULXs

Name	M82 ULX2	NGC7793 P13	NGC5907 ULX1	NGC300 ULX1	NGC 2403 ULX
$L_X(\text{max}) \text{ [erg s}^{-1}\text{]}$	$2.0 \times 10^{40}$	$5 \times 10^{39}$	$\sim 10^{41}$	$4.7 \times 10^{39}$	$1.2 \times 10^{39}$
$P_s \text{ [s]}$	1.37	0.42	1.13	$\sim 31.5$	$\sim 18$
$\dot{\nu} \text{ [s}^{-2}\text{]}$	$10^{-10}$	$2 \times 10^{-10}$	$3.8 \times 10^{-9}$	$5.6 \times 10^{-10}$	$3.4 \times 10^{-10}$
$P_{\text{orb}} \text{ [d]}$	2.51 (?)	64	5.3(?)	$> 8 \text{ (Be ?)}$	60 – 100 (?)
$M_2 \text{ [M}_\odot\text{]}$	$\gtrsim 5.2$	18–23		40 (Be ?)	(Be ?)

What is really characteristic of PULXs is their high spin-up rate:

$$\dot{\nu} \geq 10^{-10} \text{ s}^{-2}$$

which even for high B's implies super-Eddington accretion:

Spin-up rate at the magnetosphere radius:

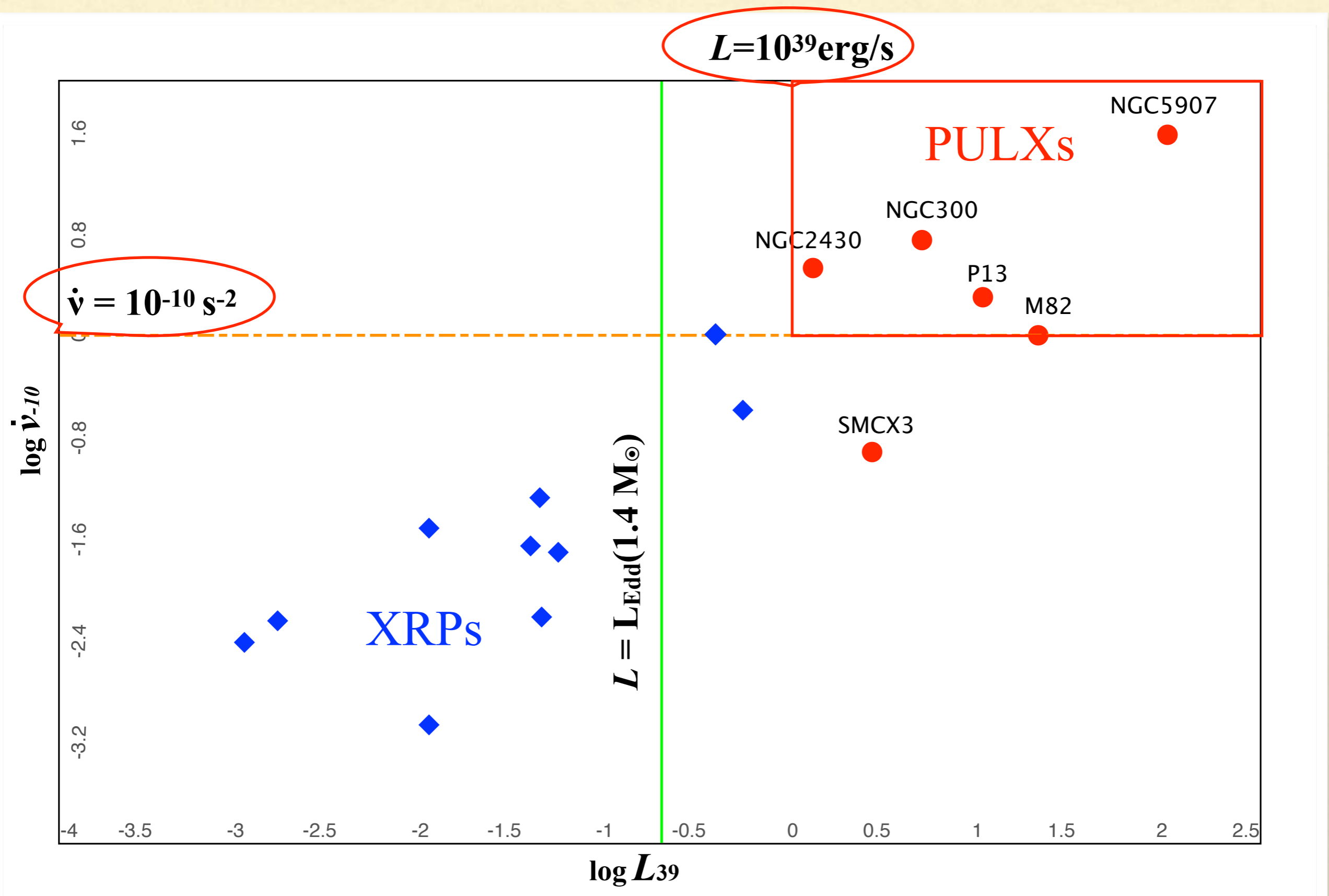
$$\dot{\nu} = \frac{\dot{J}(R_M)}{2\pi I}$$

$$\dot{\nu} = 3.1 \times 10^{-12} q^{1/2} \dot{M}_{17}^{6/7} m_1^{3/7} \mu_{30}^{2/7} I_{45}^{-1} \text{ s}^{-2}$$

$$\dot{m}(R_M) = \frac{\dot{M}(R_M)}{\dot{M}_{\text{Edd}}} = 5.8 \left( \frac{\dot{\nu}_{-10}}{q^{1/2}} \right)^{7/6} \mu_{30}^{-1/3}$$

Name	M82 ULX2	NGC 7793 P13	NGC5907 ULX1	NGC300 ULX1	NGC 2403 ULX
$\dot{m}(R_M)q^{7/12}; \mu_{30} = 1$	5.8	13.0	404	43.3	24
$\dot{m}(R_M)q^{7/12}; \mu_{30} = 1000$	0.6	1.3	40.4	4.3	2.4

# PULXs: definition



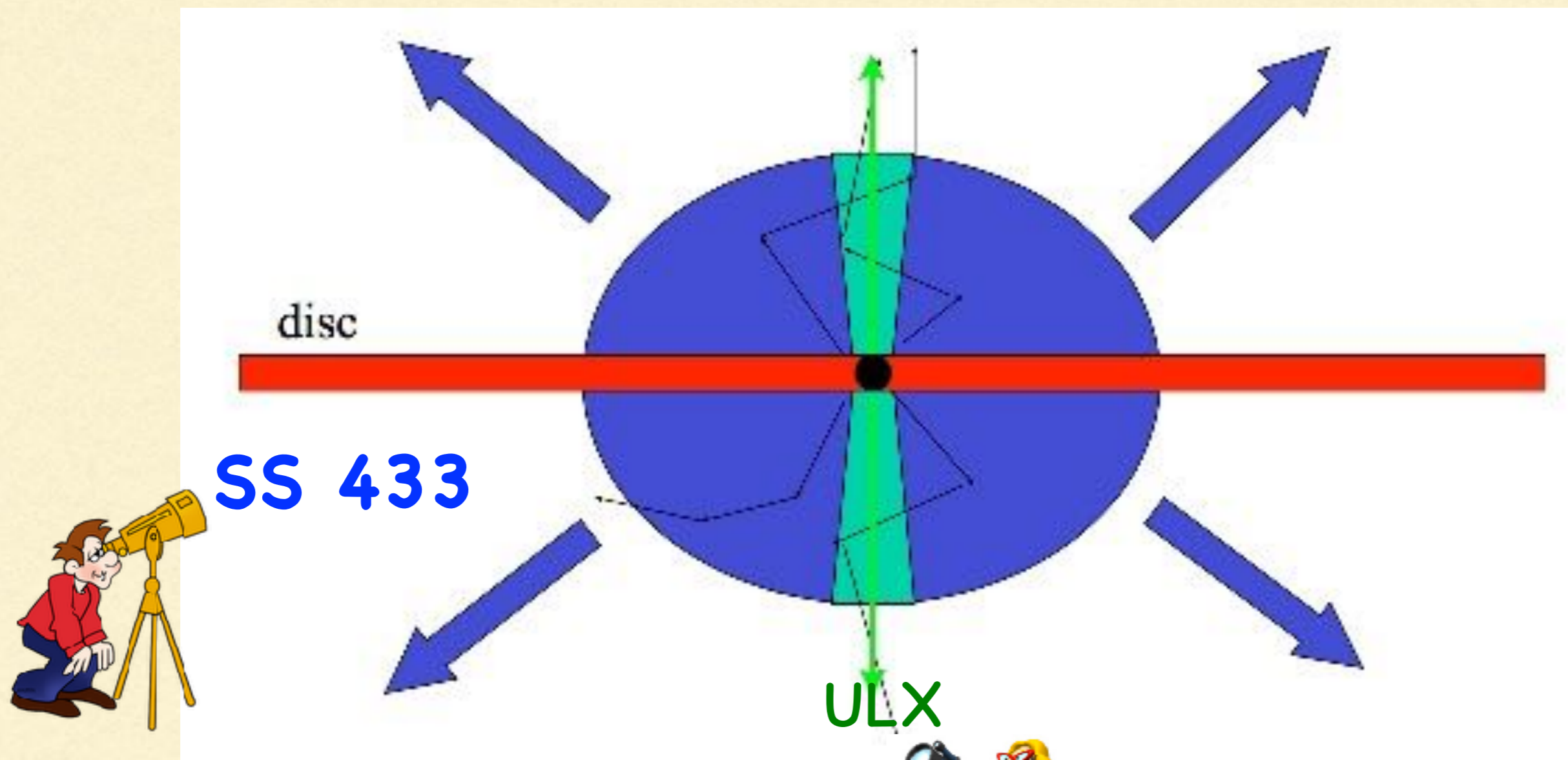
# Why "low" magnetic fields and super-critical accretion rates?

- Super-critical accretion is possible, so no need to reduce opacity.
- Even very high  $B$ 's require beaming in some cases (e.g., Abolmasov et al. 2017).
- Observations:
  - NGC 300 ULX1 –  $B \sim 10^{12}$  G (Walton et al. 2018)
  - M51 ULX8 – ("... we rule out a very strong ( $10^{15}$  G) dipole field solution with either a sub- or super-critical flow. Instead we favour an upper limit on the dipole field of  $10^{11} - 10^{12}$  G and a classical super-critical inflow, similar to that **inferred\*** in other ULXs found to harbour neutron stars"; Middleton et al. 2018.)
  - Ultrafast winds (Pinto, Kosec), no magnetars in binaries (Rea).

\* how and by whom is the main subject of the present talk..

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# Super-critical luminosities imply beaming



$$b \sim \frac{1}{\dot{m}^2}$$



King 2009

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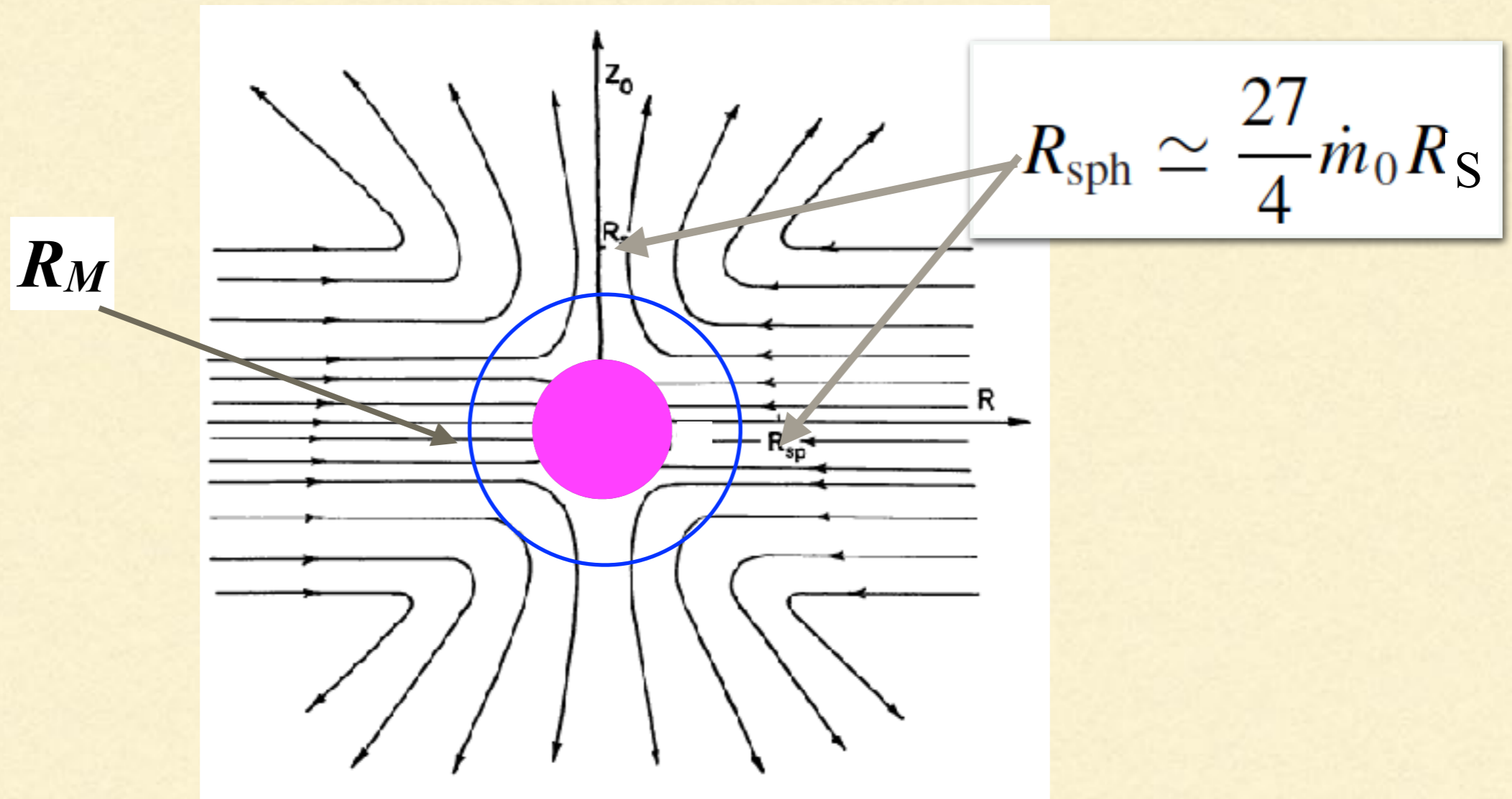
King et al. (2001): all ULXs are X-ray binaries with beamed emission caused by super-Eddington mass transfer rates.

"A beaming factor [...]  $b \lesssim 0.01$  would bring  $M$  down to neutron star values. In addition, this kind of disk geometry, i.e., a thick disk with a central funnel, may actually radiate a total luminosity in excess of the Eddington limit (Jaroszyński, Abramowicz, & Paczyński 1980; Abramowicz, Calvani, & Nobili 1980). Thus, such modest  $b$  -values may allow quite large apparent luminosities for perfectly standard black hole or neutron star masses".

*Caveat emptor*: not all "formal" ULXs are necessarily beamed; e.g., in the King (2009) beaming model this is the case only for

$$\dot{m} \gtrsim \sqrt{73} \simeq 8.5$$

# Geometrical beaming model for PULXs (King & JPL, 2016; King, JPL & Kluźniak, 2017; KKK)



Outflow  $\dot{M}(R) \simeq \frac{R}{R_{\text{sph}}} \dot{m}_0 \dot{M}_{\text{Edd}}$  and beaming factor  $b \simeq \frac{73}{\dot{m}_0^2} :$

$$L = \frac{1}{b} L_{\text{Edd}} [1 + \ln \dot{m}_0]$$

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In the main, people do not read; if they read, they do not understand. And those who understand forget.

Henry de Montherlant

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# Model

From equations:

$$R_M = 2.6 \times 10^8 q \dot{M}_{17}^{-2/7} m_1^{-1/7} \mu_{30}^{4/7} \text{ cm}$$

$$\dot{\nu} = 3.1 \times 10^{-12} q^{1/2} \dot{M}_{17}^{6/7} m_1^{3/7} \mu_{30}^{2/7} I_{45}^{-1} \text{ s}^{-2}$$

$$R_{\text{sph}} \simeq \frac{27}{4} \dot{m}_0 R_S \simeq 2 \times 10^6 \dot{m}_0 m_1 \text{ cm}$$

$$\frac{R_{\text{sph}}}{R_M} = \frac{\dot{M}_0}{\dot{M}(R_M)}$$

using observed spin-up rate and observed luminosity:  $L_{40} \simeq 2.22 \times 10^{-4} \dot{m}_0^2 [1 + \ln \dot{m}_0] m_1$

one obtains:

$$\dot{M}_{17}(R_M) = 390 q^{7/9} m_1^{-8/9} \mu_{30}^{4/9},$$

$$R_M = 1.6 \times 10^7 \dot{\nu}_{-10}^{2/3} m_1^{1/3} I_{45}^{2/3} \text{ cm},$$

$$\mu_{30} = 0.09 q^{-7/4} \dot{\nu}_{-10}^{3/2} m_1^{1/2} I_{45}^{3/2},$$

$$\text{where } \dot{\nu}_{-10} = \dot{\nu} / 10^{-10} \text{ s}^{-2}.$$

# Results

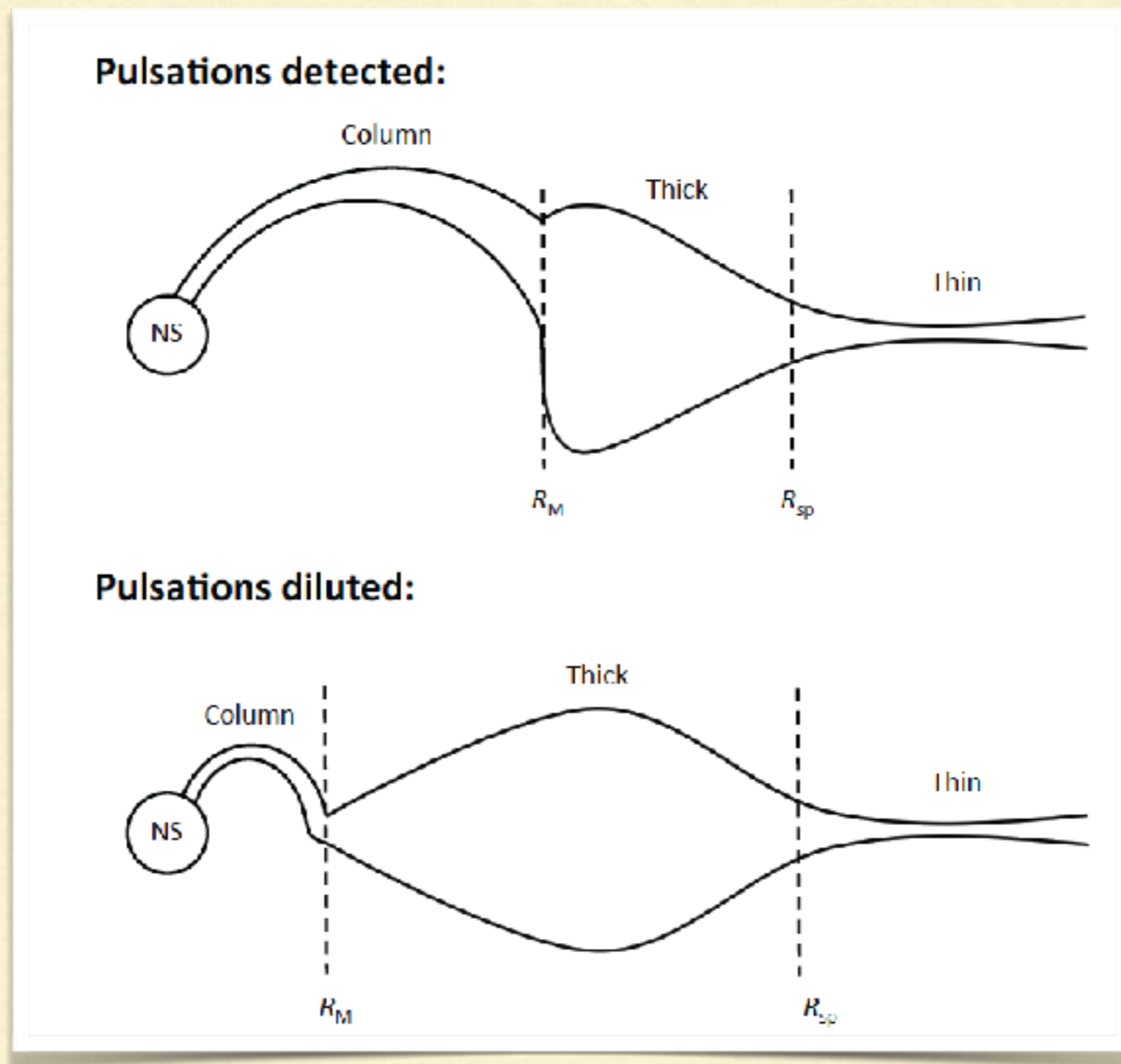
Name	M82 ULX2	NGC 7793 P13	NGC5907 ULX1	NGC300 ULX1	NGC 2403 ULX
$\dot{m}_0$	36	20	91	20	11
$\mu q^{7/4} m_1^{-1/2} I_{45}^{-3/2}$ [Gcm <sup>3</sup> ]	$9.0 \times 10^{28}$	$2.5 \times 10^{29}$	$2.1 \times 10^{31}$	$1.2 \times 10^{30(i)}$	$5.6 \times 10^{29}$
$R_{\text{sph}} m_1^{-1}$ [cm]	$7.2 \times 10^7$	$4.1 \times 10^7$	$2.6 \times 10^8$	$4.1 \times 10^7$	$2.2 \times 10^7$
$R_M m_1^{-1/3} I_{45}^{-2/3}$ [cm]	$1.6 \times 10^7$	$2.5 \times 10^7$	$1.8 \times 10^8$	$5.0 \times 10^7$	$1.1 \times 10^7$
$R_{\text{co}} m_1^{-1/3}$ [cm]	$1.9 \times 10^8$	$8.4 \times 10^8$	$1.6 \times 10^8$	$1.5 \times 10^9$	$1.1 \times 10^9$
$P_{\text{eq}} q^{-7/6} m_1^{1/3}$ [s]	0.05	0.09	1.75	0.26	0.16
$t_{\text{eq}}$ [yr]	6117	1385	0	2162	578

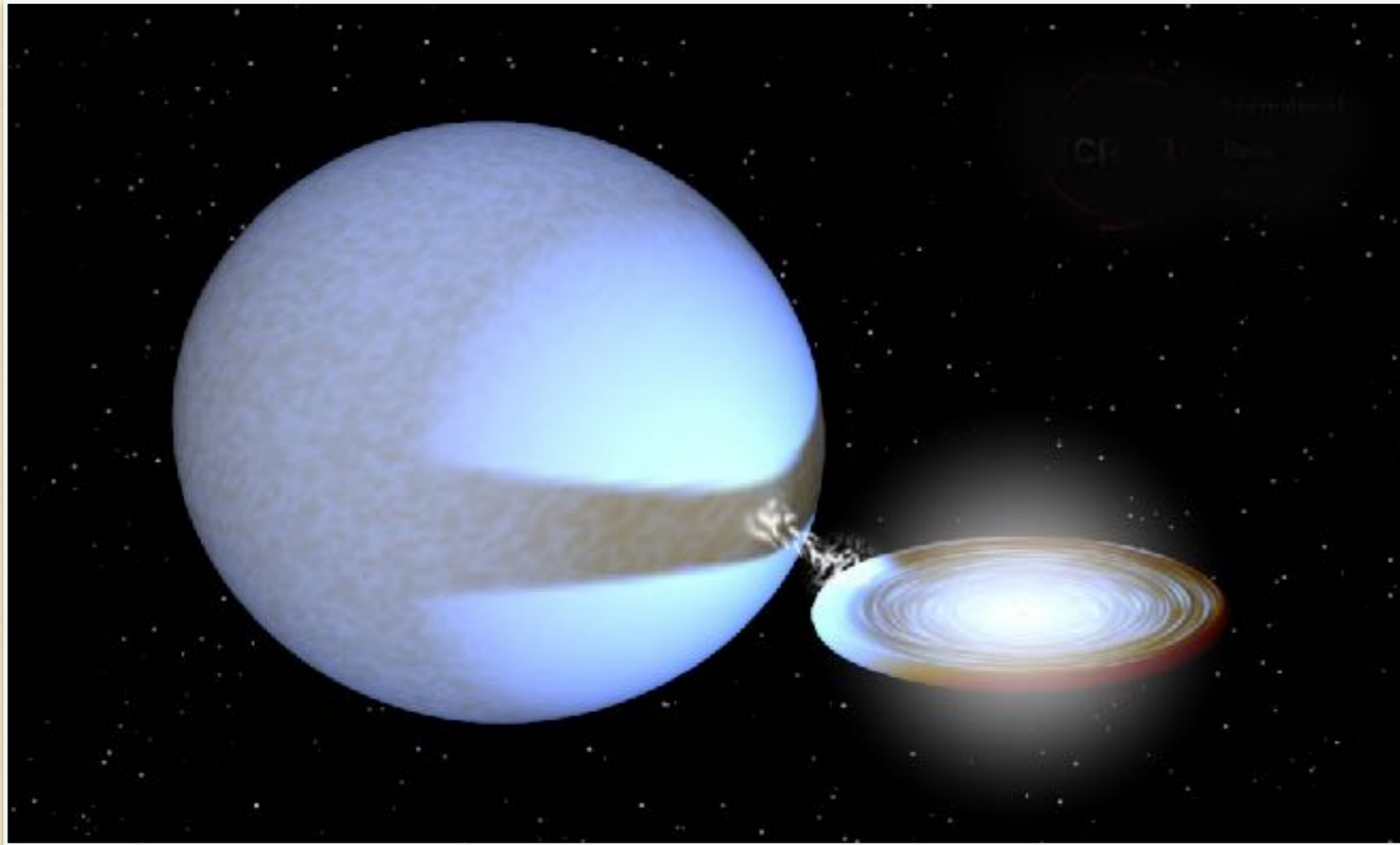
(i) – corresponding to  $B \sim 10^{12}\text{G}$  as measured by Walton et al. (2018c).

Arguing that to see a PULX one needs  $R_M \sim f R_{\text{sph}}$  ( $f=0.3 - 1$ ), one obtains

$$\dot{\nu} = 5.2 \times 10^{-10} q^{5/6} m_1^{-1/3} \mu_{30}^{6/7} I_{45}^{-1} \text{ s}^{-2}, \text{ which explains the high spin-ups.}$$

$R_M \sim R_{\text{sph}}$  from observations:



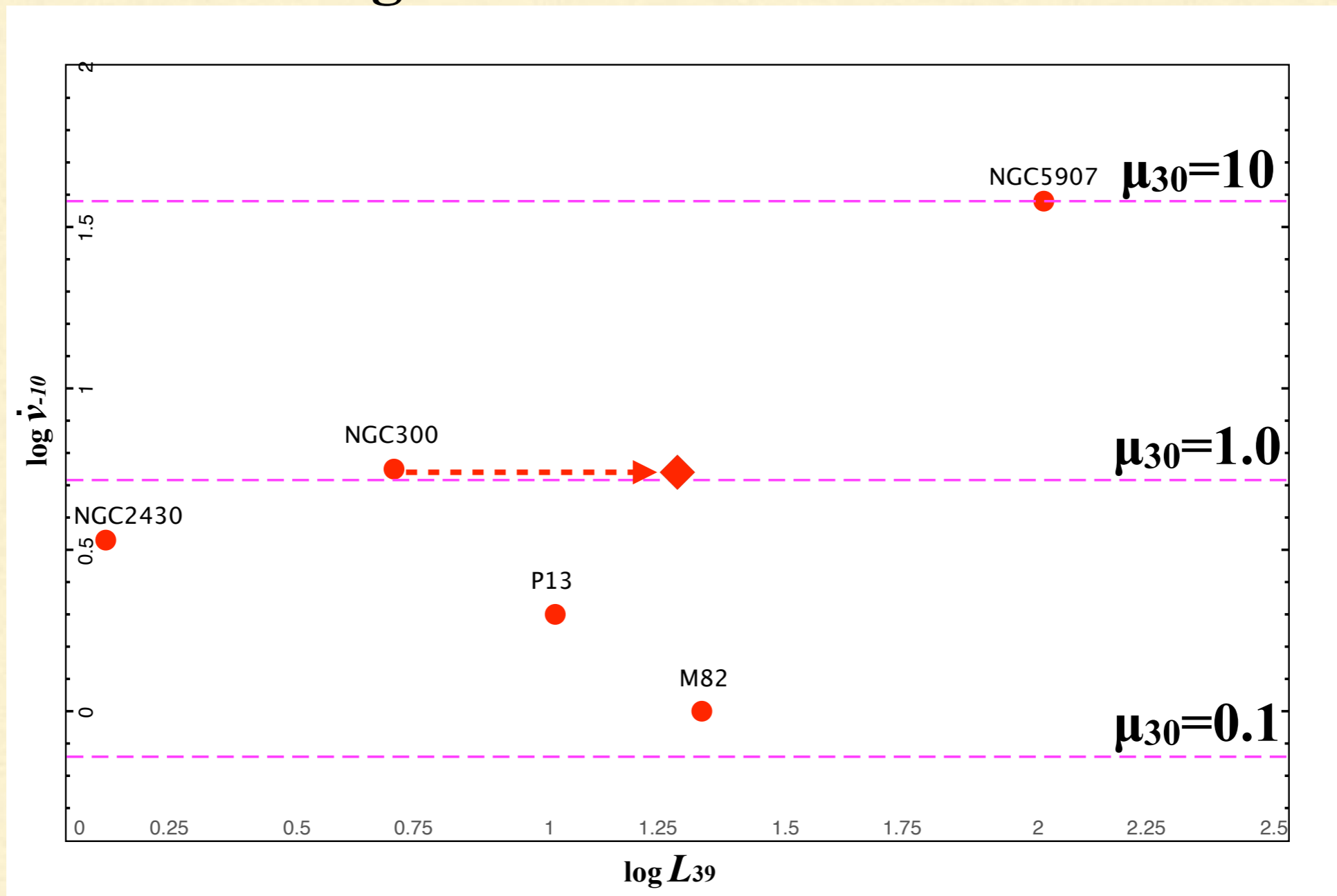


Christian Motch about P13: "X-ray are somewhat beamed".

KLK Model:  $b=0.18$

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# PULX magnetic fields: $B \sim 10^{11} - 10^{13}$ G.



NGC300 ULX1: probably some luminosity missing (much higher than usual pulse fraction).

NGC2430 ULX: not beamed (low luminosity)?

M51 ULX8: with its B-field and luminosity it could (should) have  $R_M \sim R_{\text{sph}}$ , but is not seen pulsing. Pulses are too weak to be seen (pulse fraction  $< 45\%$ )?



- the "low-B" PULX model gives an explanation for very high spin-up rates.
- is the obvious option if ULXs represent a short-lived but common stage in the evolution of X-ray binaries.
- "low" Bs are confirmed by two CSCFs observed in ULXs.



- in the "low-B" model the inner magnetospheric flow is not described ... but Ohsuga, Abarca, Parfrey etc. are working.



- decay of magnetic field because of very high accretion rate?
- PULXs with very low field with  $R_{\text{sph}} \gg R_M$ , which makes difficult observing pulses?
- neutron-star ULXs are likely to have higher apparent luminosities than black hole ULXs for a given mass transfer rate, as their tighter beaming outweighs their lower Eddington luminosities (observed luminosity  $I. \propto \frac{C - \ln m_1}{m_1}$  ).

📌 Predictive power of the weak magnetic-field model:

Kluźniak & Lasota 2015: "... one needs to entertain the possibility that other ULXs may be pulsars. [...] Another ULX, in NGC 7793 [P13], has an upper limit to the mass of the compact object of  $<15 M_{\odot}$ , with allowed solutions in the neutron star mass range ..."

King & Lasota 2016: "[...] we suggest that a significant fraction of all ULXs may actually contain neutron star accretors rather than black holes, reflecting the neutron-star fraction among their X-ray binary progenitors."

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Given the very short spin-up time-scales  $\mathbf{t}_{eq}$ , it seems very unlikely that we observe these systems during their only approach to spin equilibrium. Instead, they are all probably close to  $\mathbf{P}_{eq}$  with alternating spin-up and spin-down phases. We can only see these systems during spin-up phases (so that  $\mathbf{v}$  has its maximum value) because centrifugal repulsion during spin-down presumably reduces the accretion rate and so the luminosity.

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