Ultraluminous X-ray pulsars: the high-B interpretation Juri Poutanen (University of Turku, Finland; IKI, Moscow)

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Plan:

- ULX before 2014
- A short history of ULXPs
- Supercritical accretion onto a magnetized neutron star
- Large or low B? Propeller?
- Beamed?
- Winds?

Models for ULX (before 2014)

- Super-Eddington accretion onto a stellar-mass black hole (e.g. King 2001, Begelman et al. 2006, Poutanen et al. 2007)
- Sub-Eddington accretion onto intermediate mass black holes (Colbert & Mushotzky 2001)
- Young rotation-powered pulsar (Medvedev & Poutanen 2013)

Super-Eddington accretion

Slim disk models Accretion rate is large, but most of the released energy is advected towards the BH.

$$\dot{M}(r) = \dot{M}_0$$

Super-disks with winds

Accretion rate is large, but most of the mass is blown away by radiation. Only the Eddington rate goes to the BH.



$$\dot{M}(r) = \dot{M}_0 \frac{r}{R_{sph}}$$
$$\dot{M}(r_{in}) = \dot{M}_{Edd}$$
$$R_{sph} \approx R_{in} \frac{\dot{M}_0}{\dot{M}_{Edd}} - \text{spherization radius}$$

Shakura & Sunyaev 1973

Fig. 8. Lines of matter flow at supercritical accretion (the disk section along the Z-coordinate). When $R < R_{sp}$ spherization of accretion takes place and the outflow of matter from the collapsar begins

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$$\dot{M}(r) = \dot{M}_0 \frac{r}{R_{sph}}$$
$$\dot{M}(r_{in}) = \dot{M}_{Edd}$$
$$R_{sph} \approx R_S \frac{\dot{M}_0}{\dot{M}_{Edd}} \text{ -spherization radius}$$

Ohsuga et al. 2005

Super-Eddington accretion

Super-disks with winds and advection

Accretion rate is large, a lot of mass is blown away by radiation (using fraction $\epsilon_{\rm W}$ of available radiative flux), but still a significant fraction goes to the BH.



$$\dot{M}(r) = \dot{M}_{0} + (\dot{M}_{0} - \dot{M}_{in}) \frac{r}{R_{sph}}$$
$$\frac{\dot{M}_{in}}{\dot{M}_{0}} = \frac{1 - a}{1 - a(0.4\dot{m}_{0})^{-1/2}}$$
$$a = \varepsilon_{w} (0.83 - 0.25\varepsilon_{w})$$

Poutanen et al. (2007)

- If we define ULX as L>10³⁹ erg/s then ULX pulsars have been discovered >40 years ago
- Sources in the Magellanic Clouds
- 1. SMC X-1 (L=1.5E39, Price+1971; Coe+1981)
- 2. LMC X-4 (*L*=1E39)
- 3. A0538-66 (*L*=0.85E39, Skinner+1982).
- 4. SMC X-2 (L=1E39, Lutovinov+2016)
- 5. SMC X-3 (L=2.5E39, Tsygankov+2017)



 in the Milky Way: GRO J1744-28 (Kouveliotou+1996, Sazonov+1997); L=1E39



 in the Milky Way: Swift J0243.6+6124 (Tsygankov+2018, arxiv:1806.02283); L=5E39



- As well as in other galaxies:
- 1. 18 s pulsar CXOU J073709.1+653544 in NGC 2403 at 3.2 Mpc (*L*=1E39, Trudolyubov+2007)



 766 s pulsar XMMU J031747.5-663010 in NGC 1313 ar 4.1 Mpc (*L*=1.6E39, Trudolyubov+2008)

- Extragalactic even brighter ULXPs:
- 1. M82 X-2 (Bachetti et al. 2014)
- 2. NGC 5907 X-1 (Israel+2017a)
- 3. NGC 7793 P13 (Israel+2017b, Fürst+2016)
- 4. NGC 300 ULX1 (Carpano+2018)
- 5. ULX7 in M51 (Israel+2018)

Accretion in ULX-pulsars



How to exceed the Eddington limit?

- Supply a lot of gas!
- Geometrical effect (photons escape sideways)

Basko & Sunyaev 1976 Wang & Frank 1981 Lyubarskij & Sunyaev 1988 Mushtukov et al. 2015 Postnov et al. 2015 Kawashima et al. 2016



- Photon bubbles (Klein+1996; Begelman 2006)
- Strong B-field reduction of the scattering crosssection; for X-mode $\sigma_{\perp}(E) \simeq \sigma_{\rm T}(E/E_{\rm cycl})^2$

Accretion on to a magnetized NS



Characteristic radii

$$R_{\rm c} = \left(\frac{GMP^2}{4\pi^2}\right)^{1/3} \approx 10$$

Corotation radius 0⁸ cm

$$R_{\rm sph} = R_* \frac{\dot{M}}{\dot{M}_{Edd}}$$

Spherization (wind) radius

 $R_{\rm m} = k \dot{M}^{-2/7} \mu^{4/7} (2GM)^{-1/7}$ Magnetospheric radius

k - depends on the disc structure (Chashkina, Abolmasov, JP 2017; Chashkina+2018)

Magnetospheric radius



The mass accretion rate to the NS



Chashkina+2018

Large or small B?

Arguments in favour of large B:

- Large B reduces cross-section, so that Eddington luminosity is higher
- At high Mdot, the source is close to spin equilibrium, so Rco≈Rm and high-B is needed
- High spin-up easy to explain
- Explains bimodal distribution by propeller effect

Arguments against (very) large B:

 Can magnetar-like field survive up to a Myr? What about B=3E13 G?

Arguments against (very) low-B:

- Rm<<Rco, strong spin-up is expected, not observed
- Rm<<R_{NS} no pulsations are possible
- Maximum luminosity about Eddington (i.e. a few 10³⁸ erg/s)

Propeller effect





Tsygankov +2016









Tsygankov+ 2016

Possible propeller effect in M 82 X-2





Tsygankov+ 2016

Beaming?

- Arguments against:
- Photoionized nebulae directly measure total L -> no beaming
- Beaming -> small inclination -> Number of unbeamed sources might be too large
- 3. Ordinary X-ray pulsars pass through 10³⁹ erg/s without any problems. They are not beamed, likely observed at large inclinations and there is no evidence for winds.
- 4. Large beaming factor implies that the accretion rate is about Eddington. No winds are expected as $R_m >> R_{NS}!$ Beaming is then not possible.
- Large pulsed fraction (>30%) is not consistent with beaming factors more than 2-3. (Beaming means a lot of reprocessing and scattering, coherent signal will be lost.)

Minimum Mdot

• Maximum spin up torque is $\dot{M}(GMr_c)^{1/2}$

$$-2\pi I\dot{P}/P^2 \le \dot{M}(GMr_{\rm c})^{1/2}$$

$$\dot{M} \ge 3.55 \times 10^{18} \dot{P}_{-10} P^{-7/3} \,\mathrm{gs}^{-1}$$

- M82 X-2 $\dot{P} \simeq -2.7 \times 10^{-10} \text{ ss}^{-1}$ $\dot{M} \ge 4.6 \times 10^{18} \text{ gs}^{-1}$
- NGC 5907 $-9.6 \times 10^{-9} \text{ ss}^{-1}$ $\dot{M} \ge 1.5 \times 10^{20} \text{ gs}^{-1}$

Winds?

- Arguments against:
- 1. Requires huge accretion rate, so that $R_{sph} > R_m$.
- 2. Accounting for advection makes discs thinner, more difficult to launch the wind.
- Arguments for:
- 1. May explain large variations in luminosity. Increase of Mdot leads to stronger wind, which blocks the central source (Grebenev 2017).

Large mass loss in a wind still allows large fraction of the initial Mdot to be accreted to the neutron star.

ULX-pulsars: luminosity, B-field



Open questions

- Cause of huge variations in luminosity: propeller or superorbital (with occultation by wind)? Evidence for winds in the low states?
- Strength of the B-field: 10^{12} or $3x10^{13}$ G?

Conclusions

- ULX-pulsars clearly show that neutron stars can exceed Eddington limit by a factor of >100
- Highly super-Eddington luminosities can be reached due to geometric effects, reduced opacity and photon bubbles.
- There is probably no strong beaming involved
- If the sources are close to the equilibrium (as supported by huge luminosity variations), the B-field has to be rather high: >10¹³ G.
- Propeller or winds and precession may play a role in making them strongly variable.