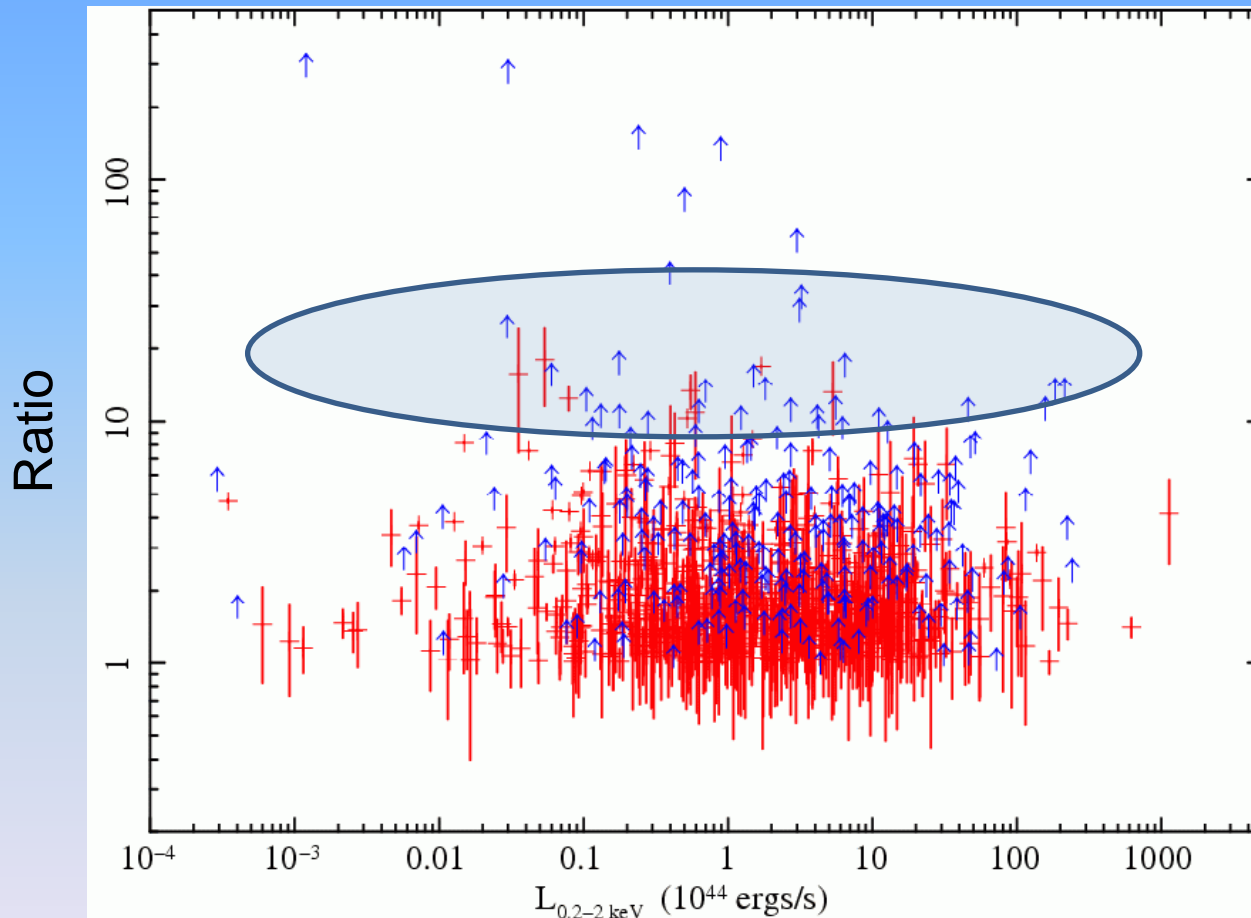


*Massive, long-duration, soft
X-ray flares from Galactic
nuclei*

Richard Saxton,

Stefanie Komossa, Andy Read, Sara Motta, Pedro
Rodriguez, Pilar Esquej, Dirk Grupe, Giovanni Miniutti,
Rhaana Starling, Nora Strotjohann

XMM - ROSAT extragalactic variability

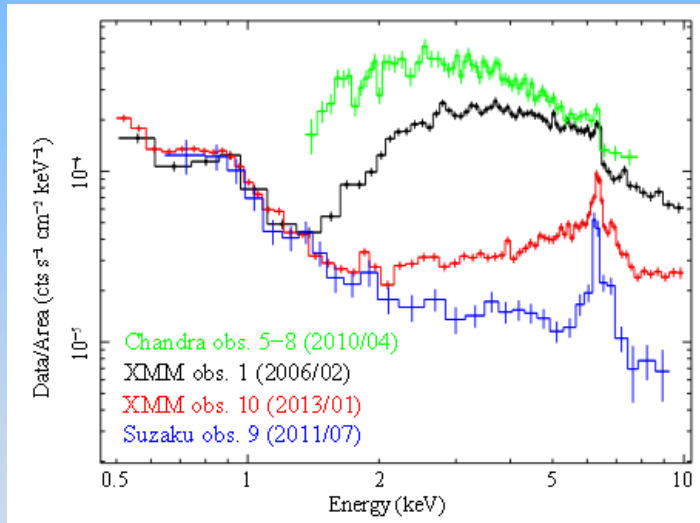


Ratio of XMM / ROSAT 0.2-2 keV flux

Small number of high variability galaxies

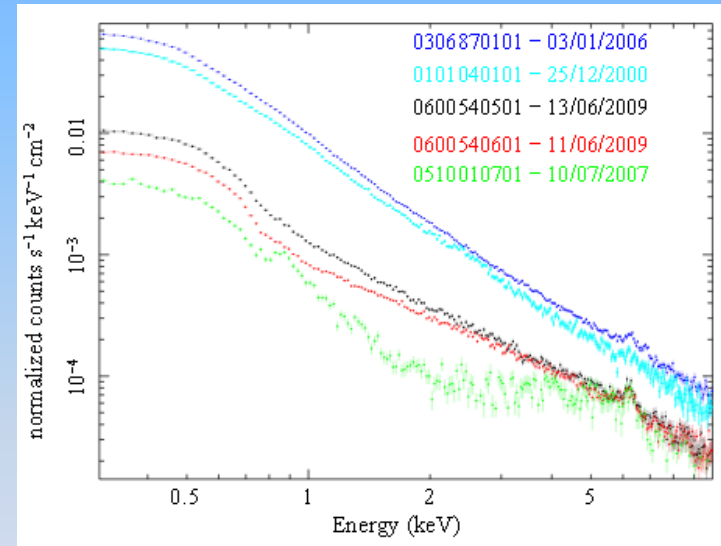
Medium-strong variability: Absorption and Reflection

ESO 323-G77 (NGC 1365) *Absorption*



Miniutti et al. 2013
Risaliti et al. 2005, 09
Agis-Gonzalez et al. 2013
Walton et al. 2014

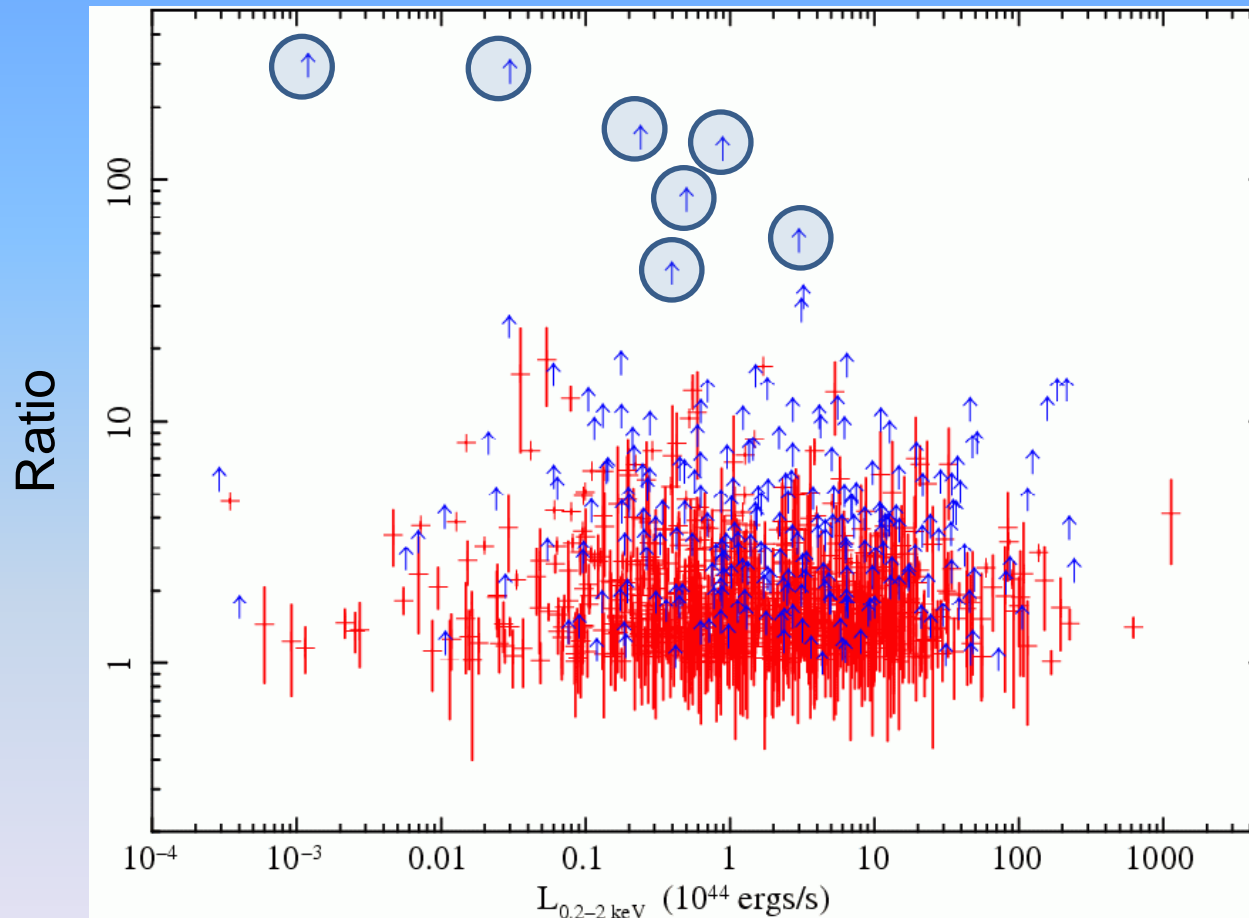
MRK 335 *Reflection*



Longinotti et al. 2013
Grupe et al. 2013
Gallo et al. 2013, 2015

See Poster **D09** by Starling et al.

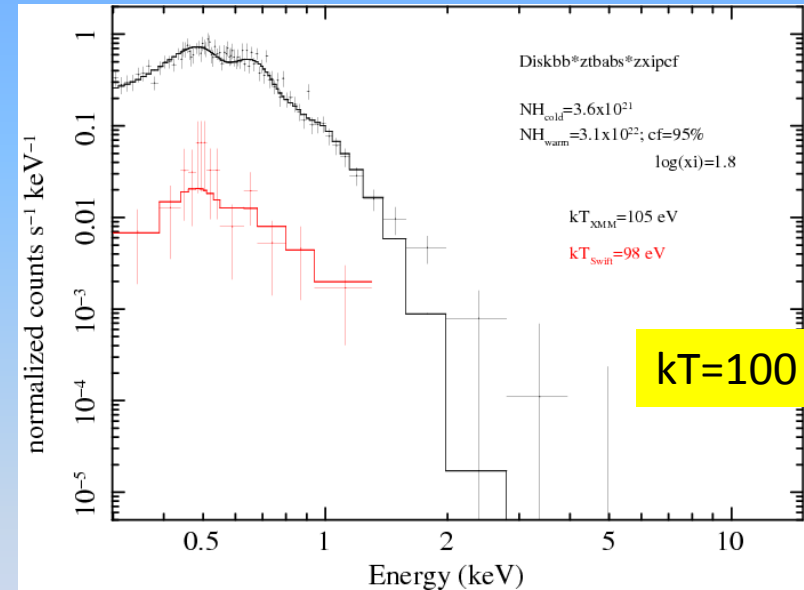
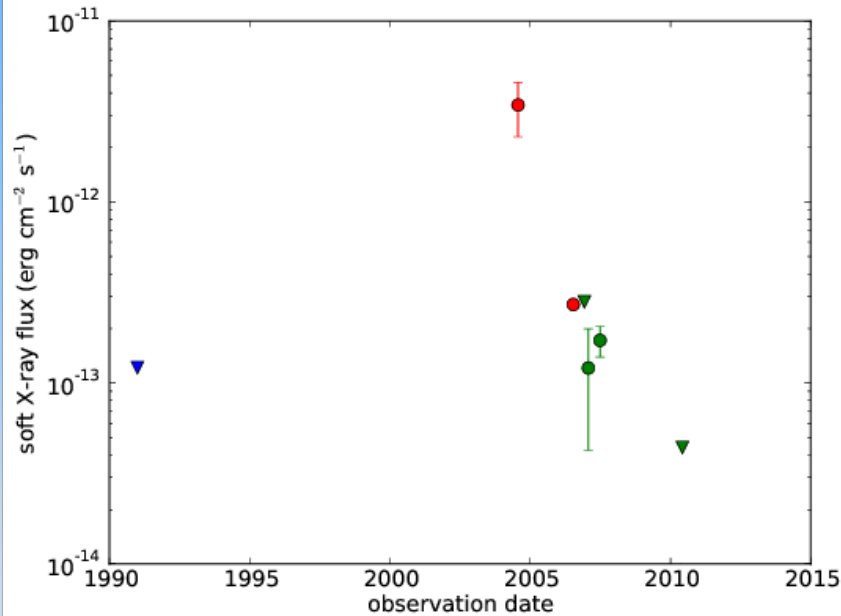
XMM-ROSAT extragalactic variability



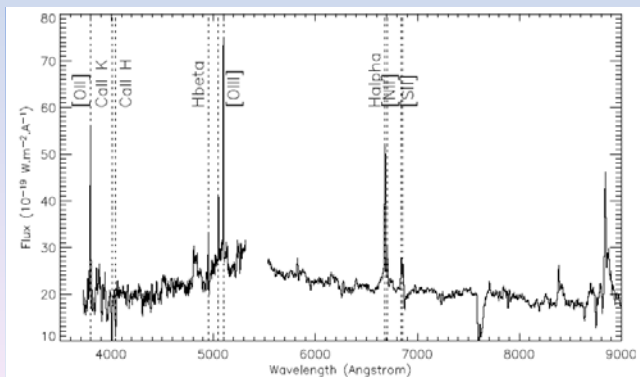
Small number of very high variability galaxies – <1% factors 50-300

Thermal emission from lower-mass BH

SDSS J0249-0412



kT=100 eV



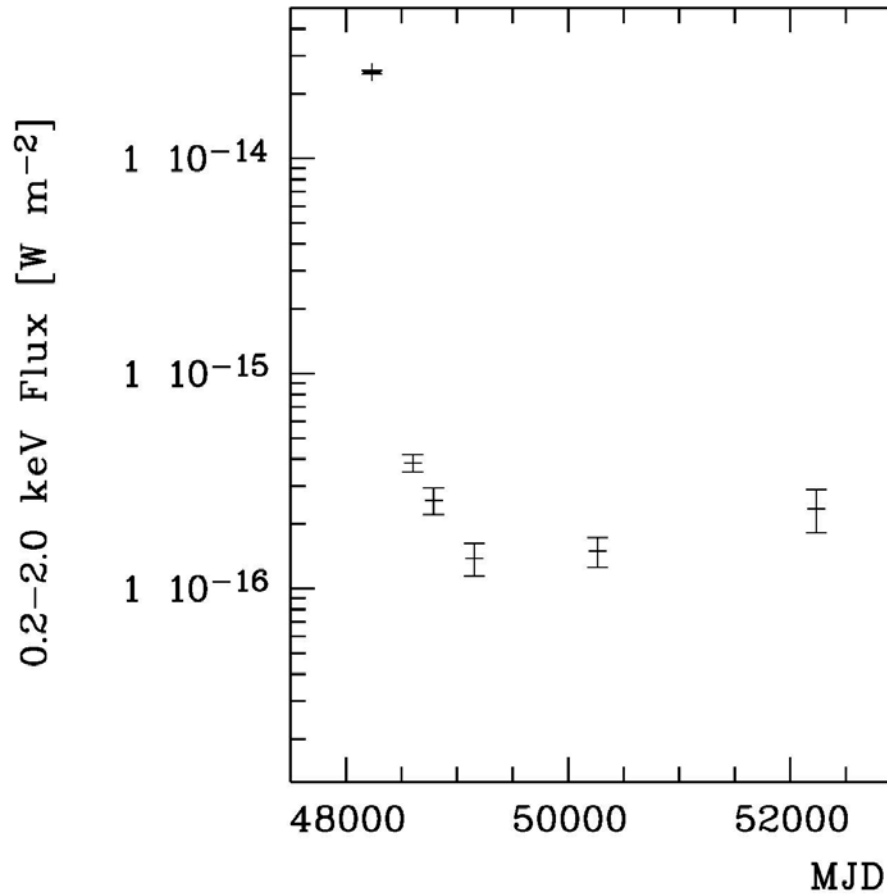
- Seyfert 1.9
- $M_{\text{BH}} = 5\text{-}10 \times 10^5 M_{\odot}$
- Probable AGN variability

Strotjohann et al. in prep

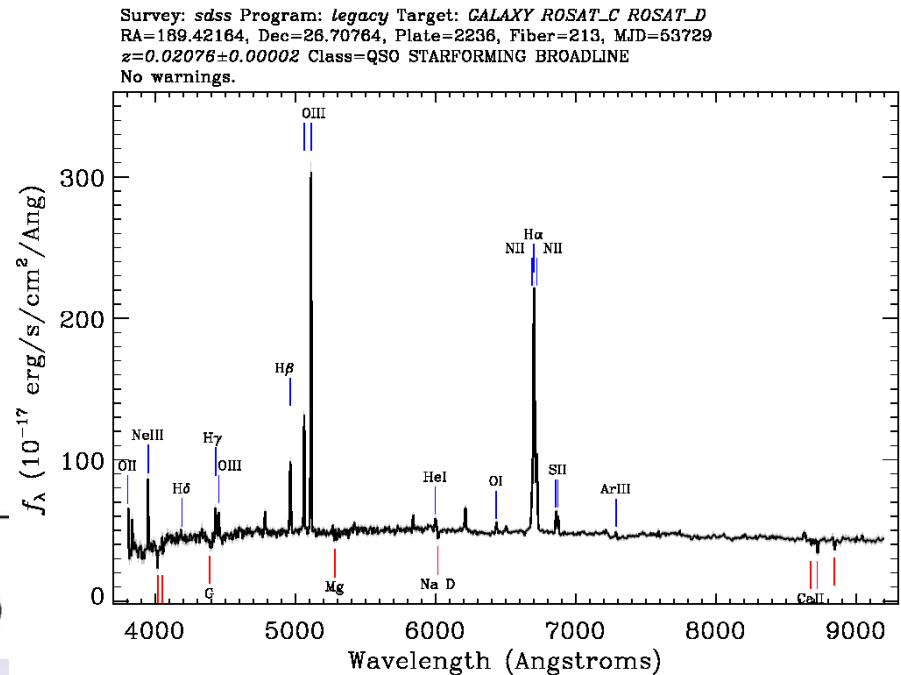
Candidate Tidal
Disruption Event
(TDE)

Esquej et al. 07

IC 3599 - a sibling from ROSAT



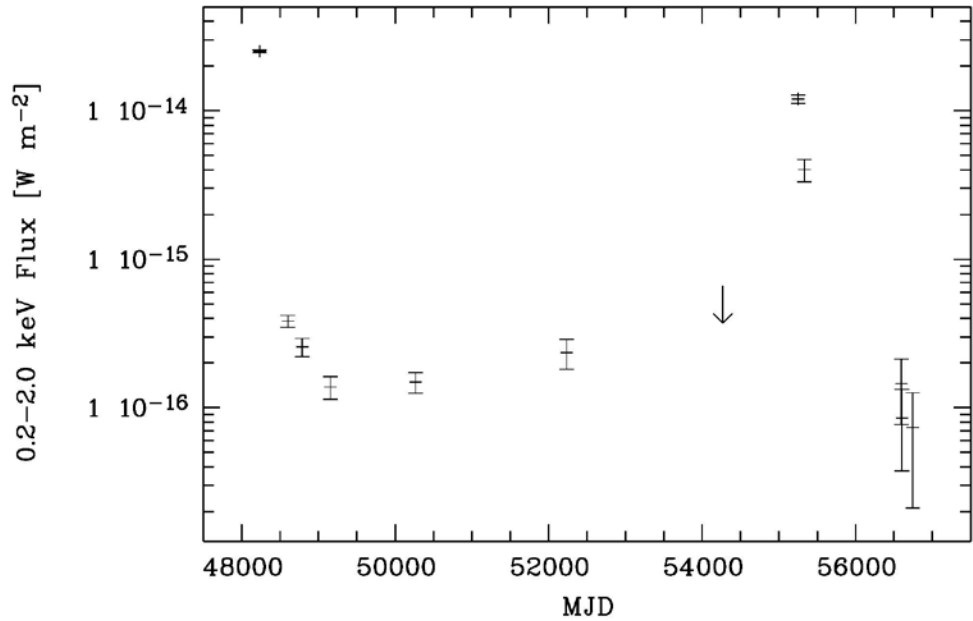
Soft X-ray spectrum,
Weak power-law plus
90 eV black-body



IC 3599 long-term X-ray light curve

Optical spectrum – Sy 1.9
not sure if AGN or TDE (+AGN)

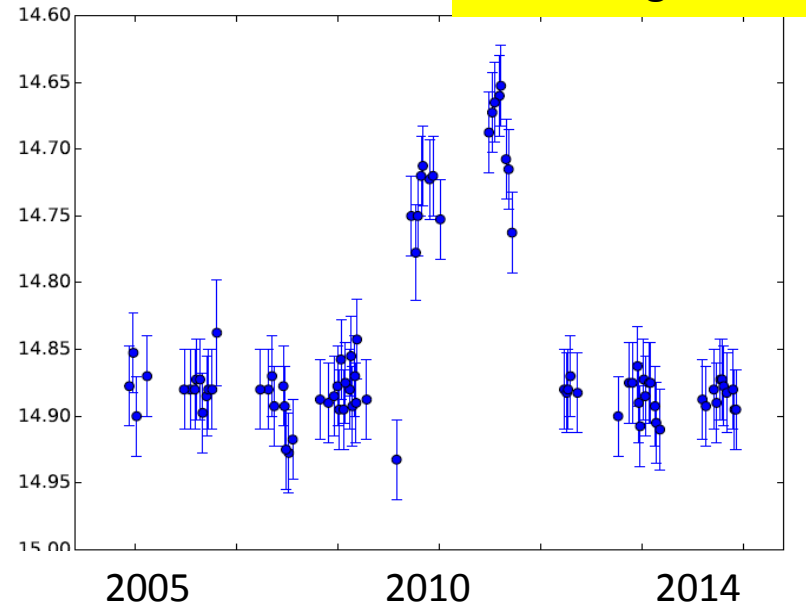
IC 3599 - recent light curve



Repeat flare after 20 years

Rise time = 2.4-17 months

V-band light curve

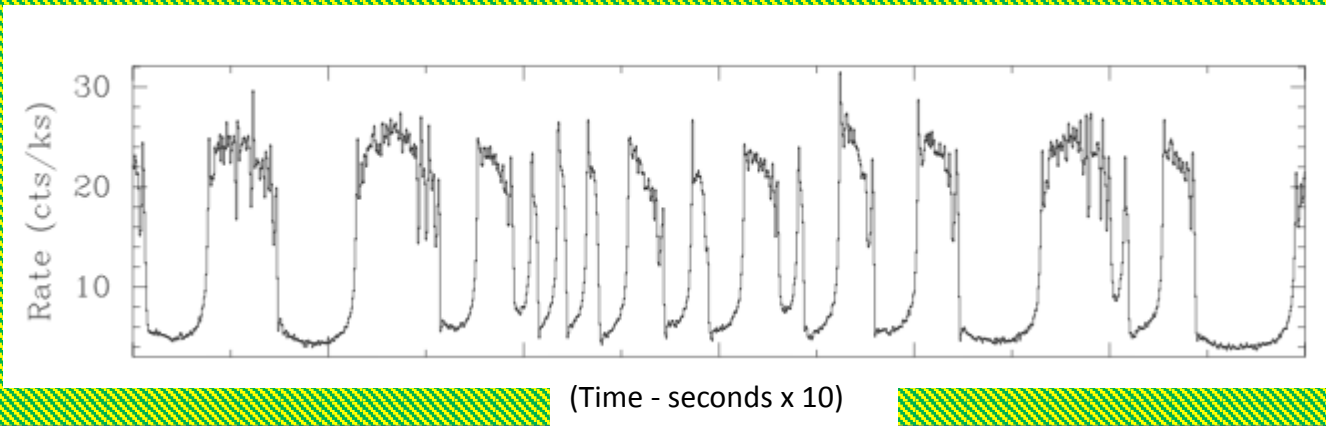


Catalina long-term light curve

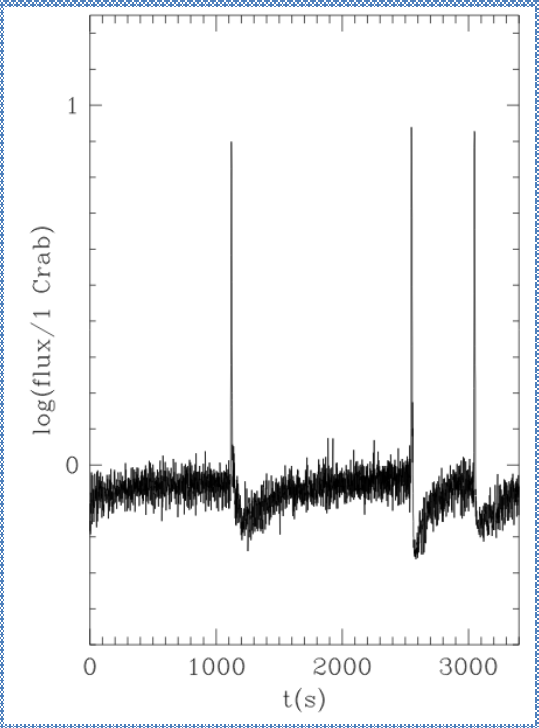
Grupe, Komossa & Saxton 2015 : **AGN activity**

Campana et al. 2015 : **repeat tidal stripping**

IC3599 - BBH similarities



GRS 1915+105
Belloni et al. 1997



GRO J1744-28
Cannizzo 1996

Lightman-Eardley
instability

Truncated
Disk

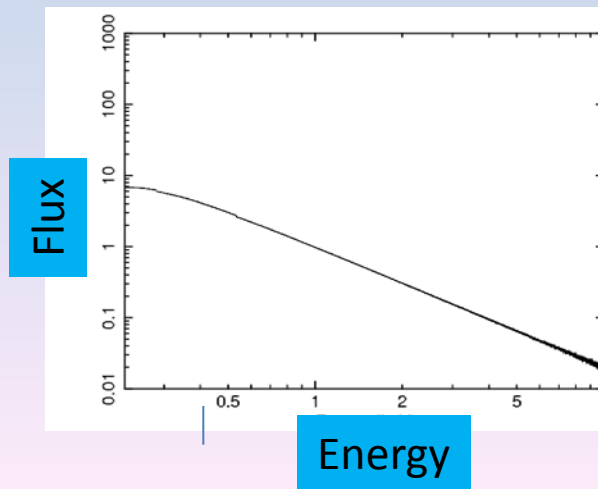
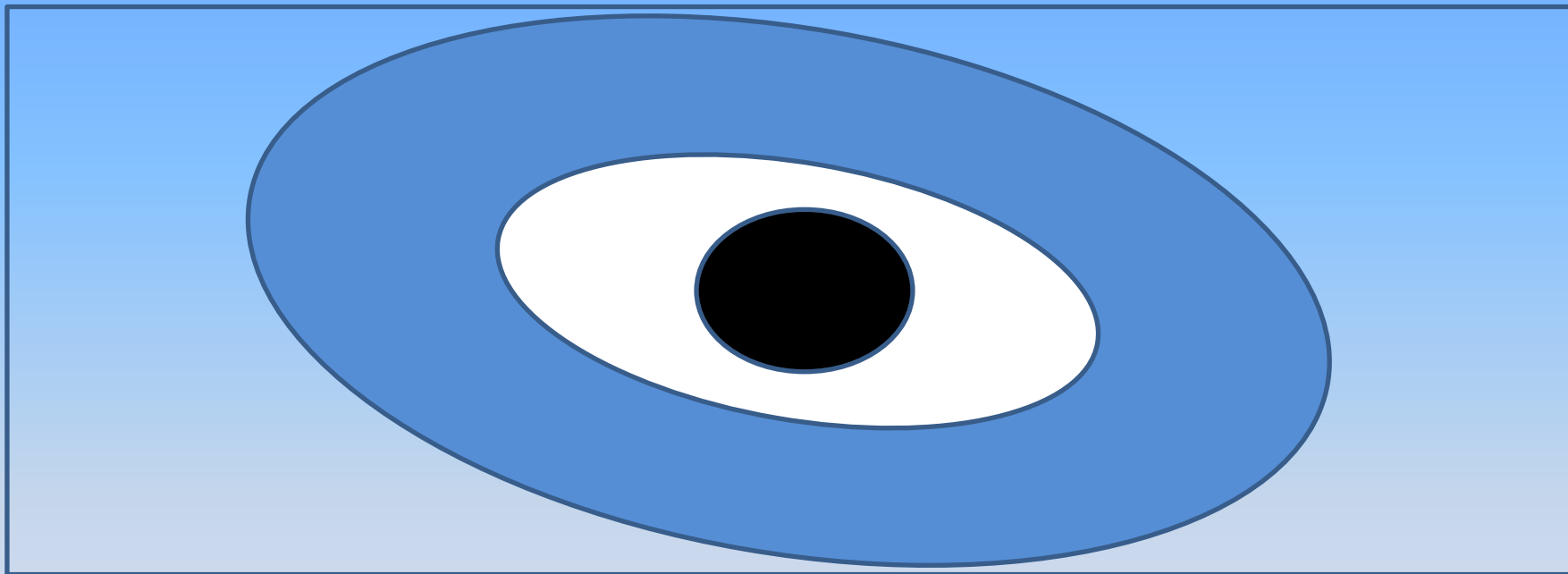
Viscous
infall

Radiation
pressure
instability

Heating of
inner disk

Increased
Accretion

Emptying
of inner
disk



Truncated
Disk

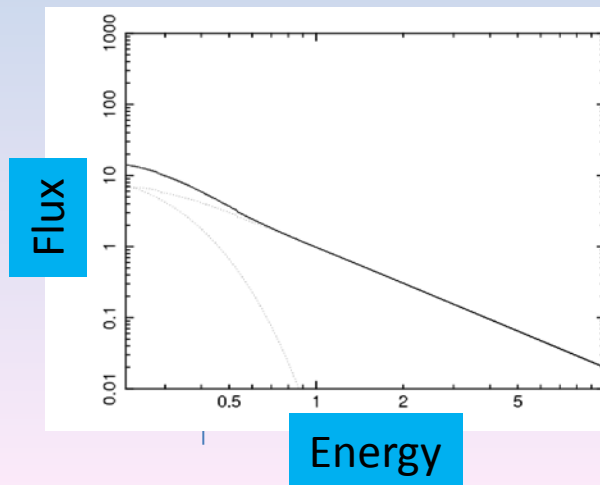
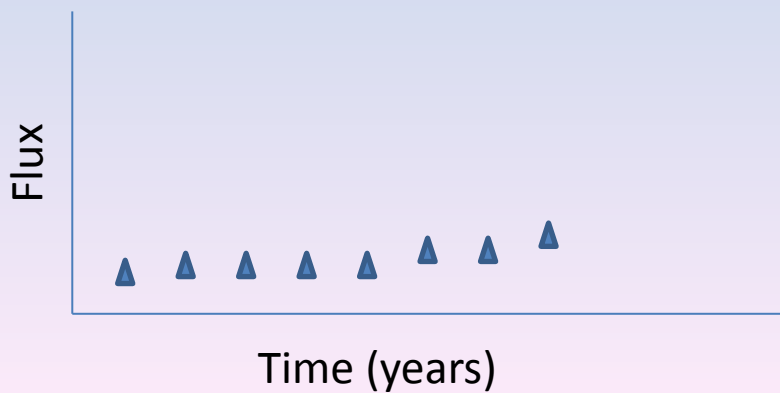
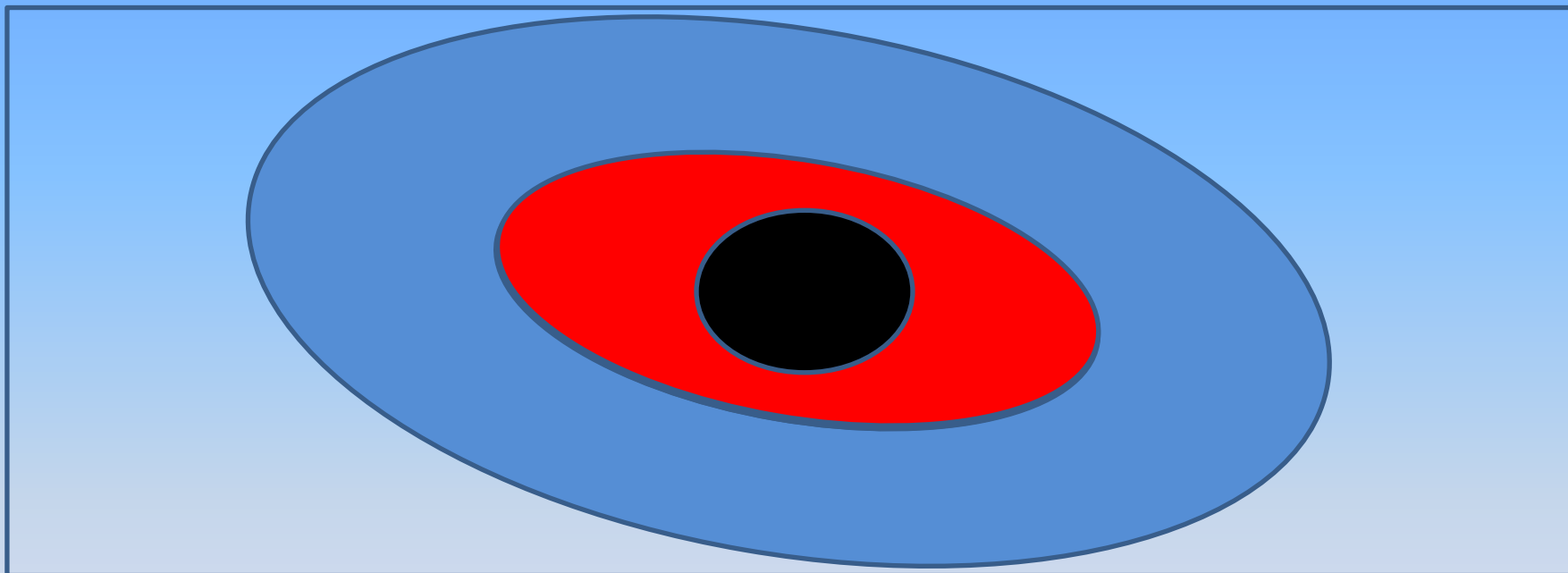
Viscous
infall

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pressure
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inner disk

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Accretion

Emptying
of inner
disk



Truncated
Disk

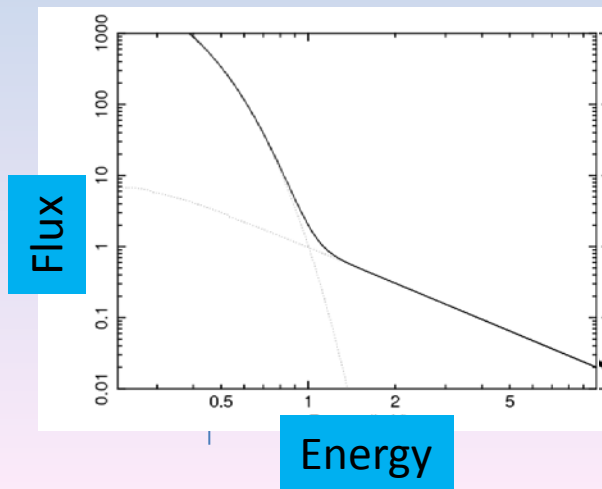
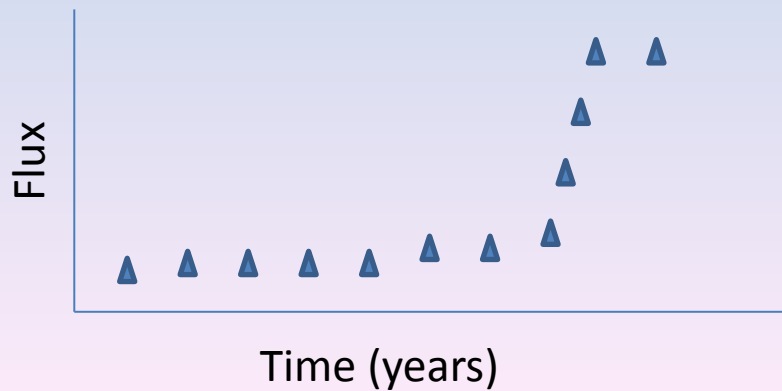
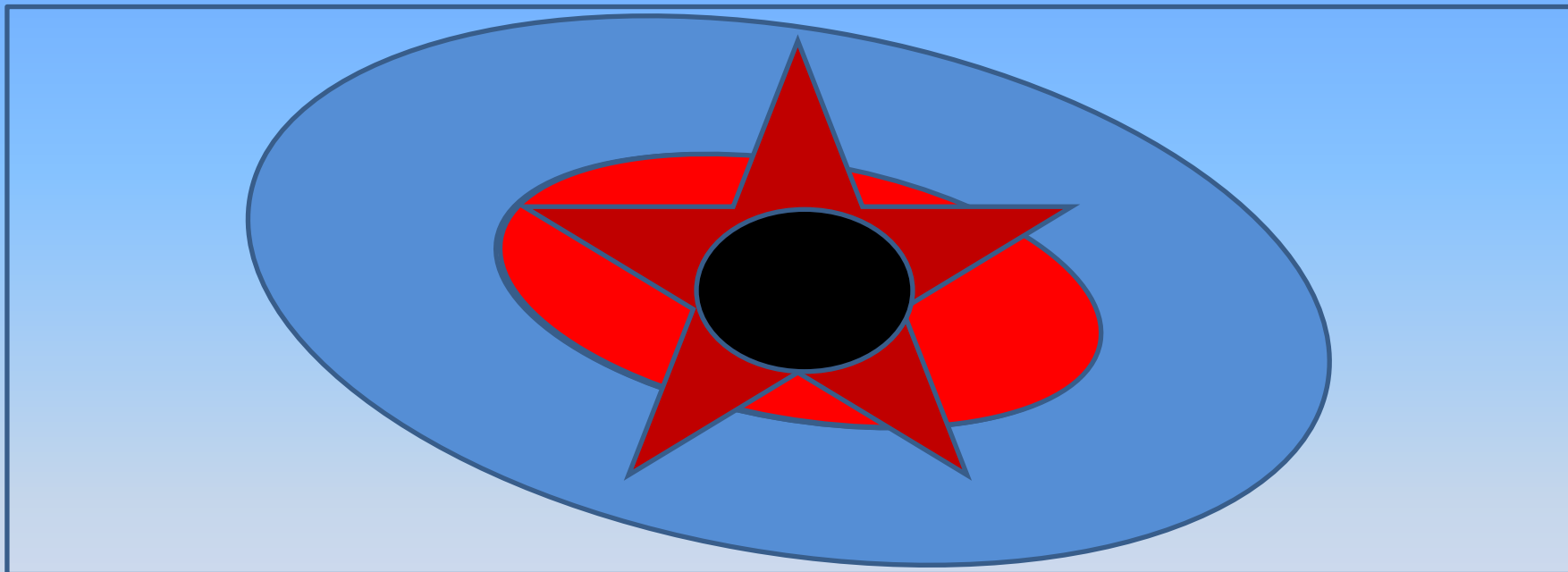
Viscous
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inner disk

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Accretion

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Truncated
Disk

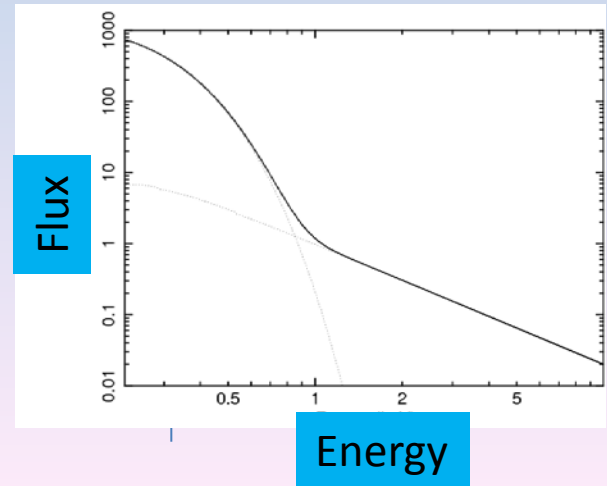
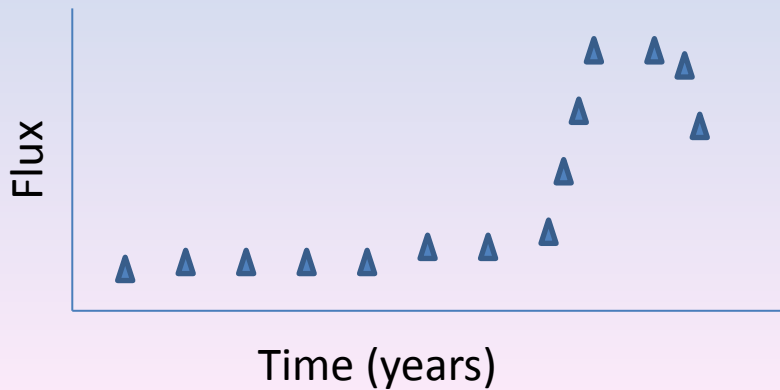
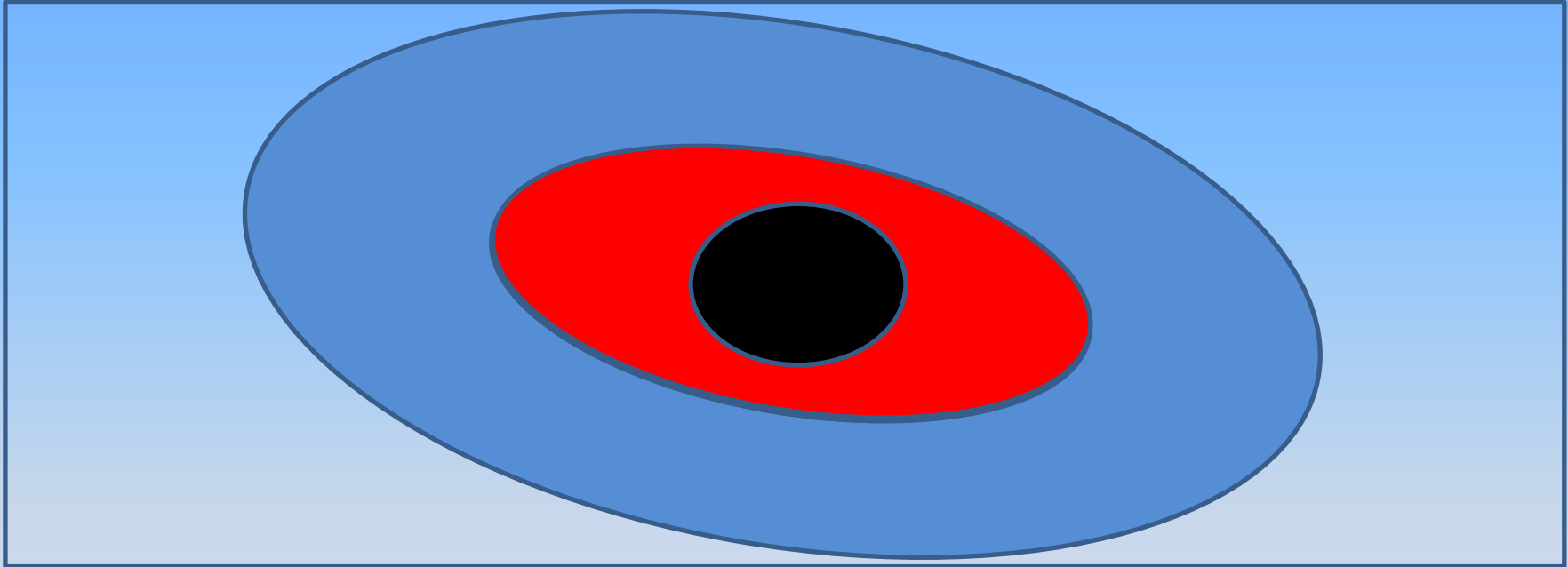
Viscous
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Truncated
Disk

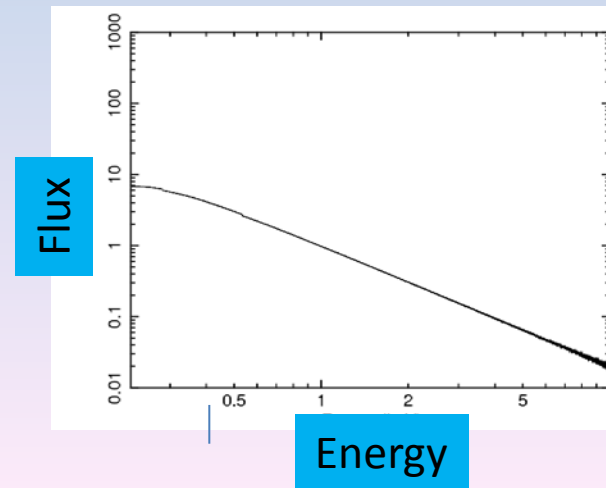
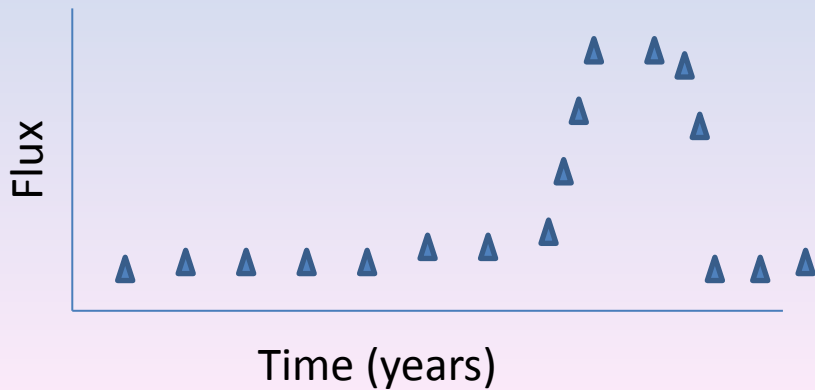
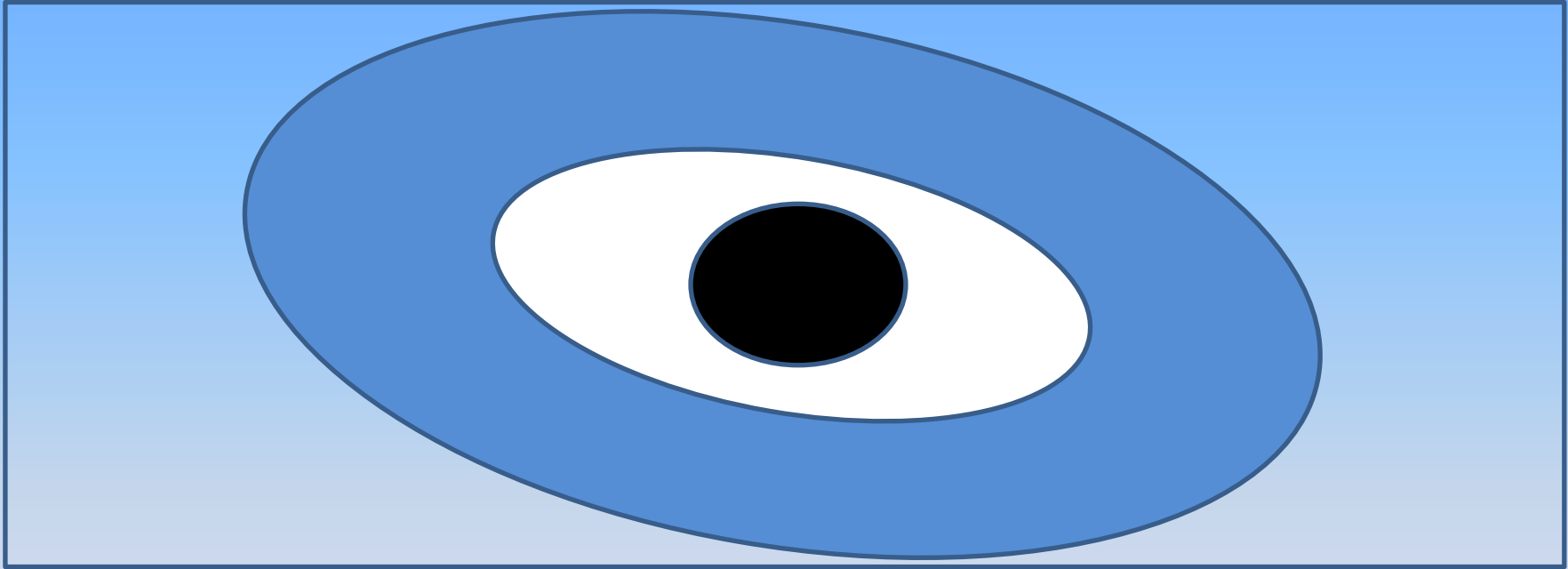
Viscous
infall

Radiation
pressure
instability

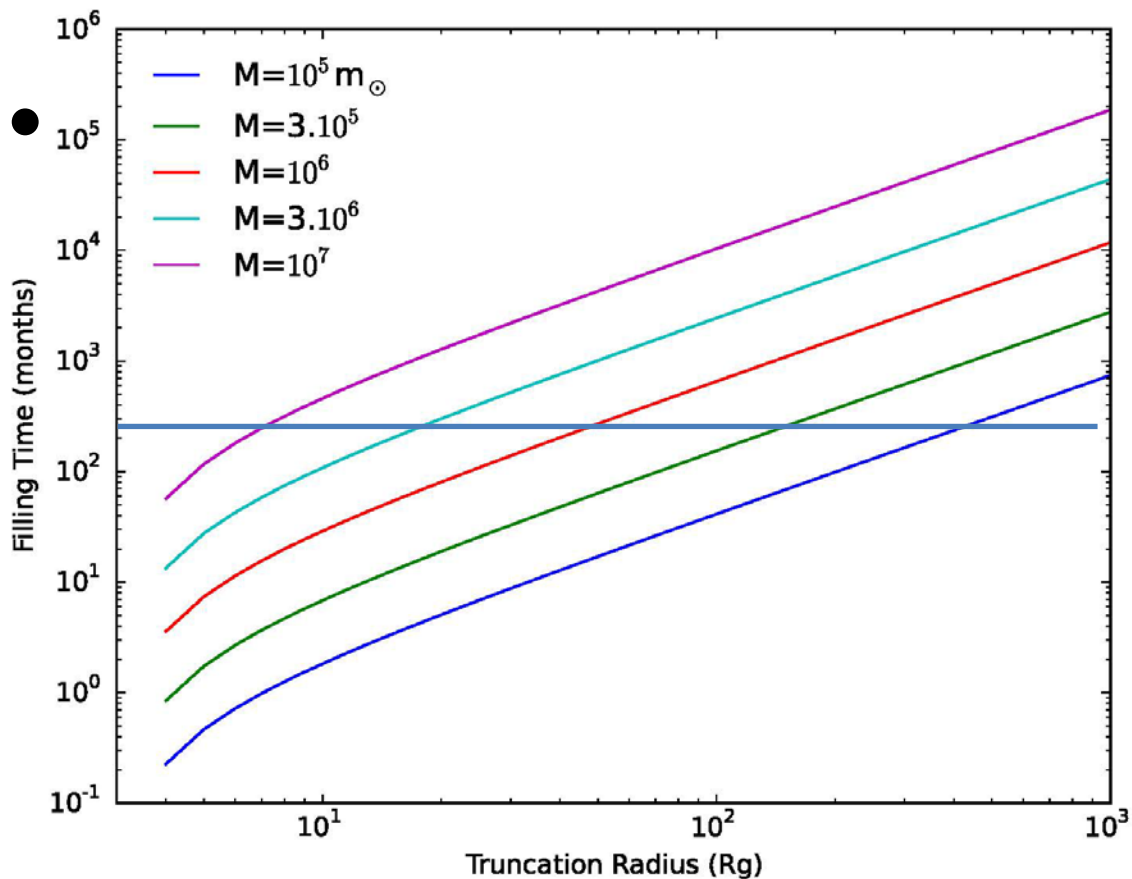
Heating of
inner disk

Increased
Accretion

Emptying
of inner
disk



Infall timescales

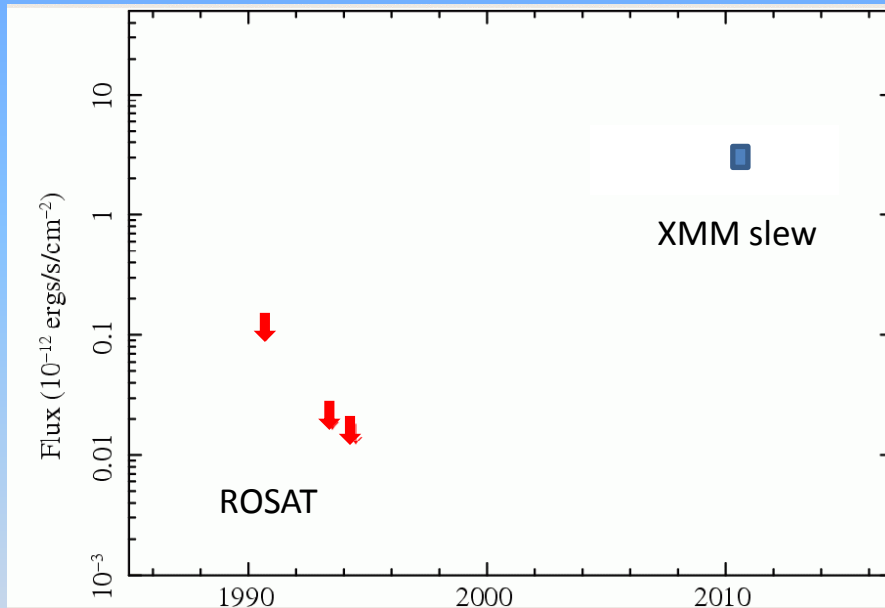


$$M_{\text{BH}} = 1-5 \times 10^6 M_\odot \text{ 😊}$$

$$R_{\text{trunc}} = 10-40 R_g$$

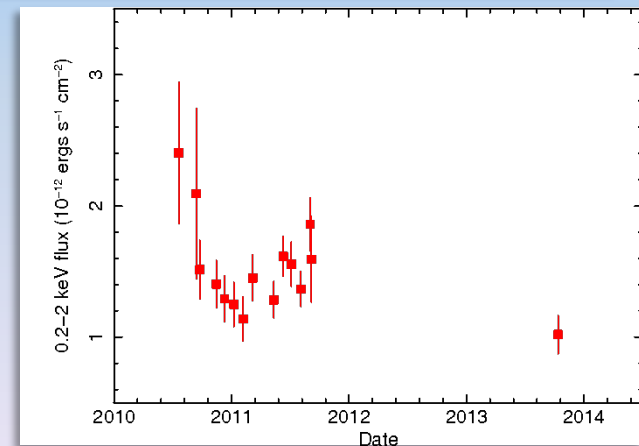
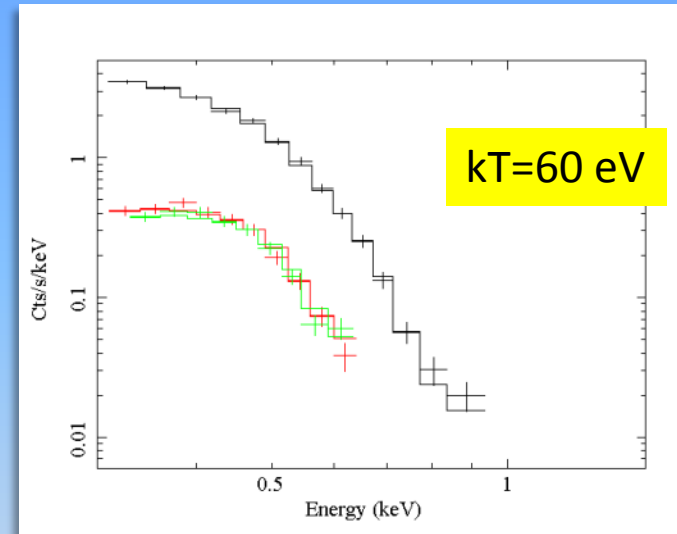
Next IC 3599 flare in ~ 2030 – great early target for Athena !

Another example: GSN 069



Miniutti et al. 2013

- Radical change in flux between 1994 and 2010
- In stable high state from 2010-2014



Monitoring over 3 years with Swift and XMM shows X-ray flux now stable within factor 2-3.
 $F_{0.2-2} \sim 2 \times 10^{12}$ ergs/s/cm 2

Why so rare?

The duty cycle in IC 3599 is $\sim 10\%$ and yet they are very rare in ROSAT and XMM where thousands of $M_{\text{BH}} < 5 \times 10^6 M_{\odot}$ galaxies have been observed.

Must be a rare accretion mode.

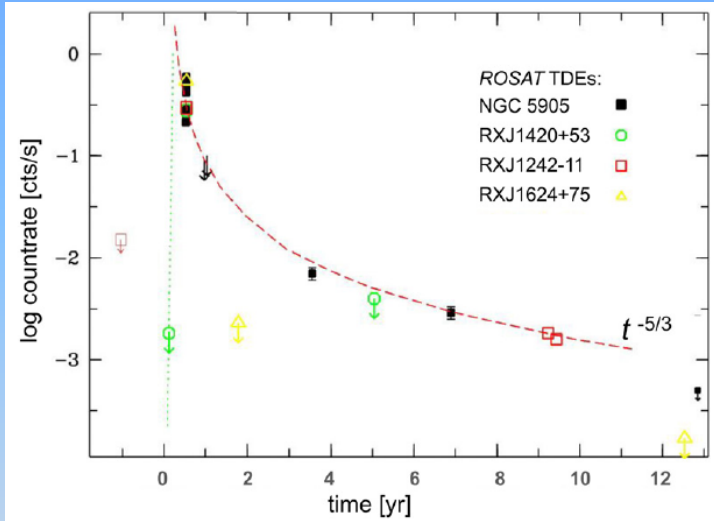
eRosita should increase numbers by factor of 10s or so.

Tidal Disruption Events (TDE)



Credit: James Guillochon

ROSAT Tidal Disruption Events



Komossa 2012

Rosat discovered several quiescent galaxies with soft X-ray flux variations > 100 . Light curve decay roughly compatible with $t^{-5/3}$. Dropping by factors of 1000s in some cases.

RXJ 1242.6-1119

Komossa &
Greiner 1999

RXJ 1420.4+5534

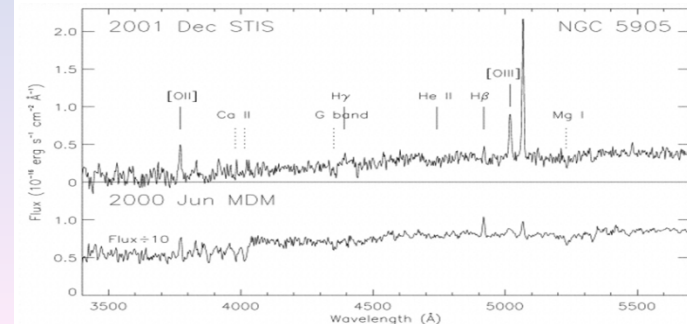
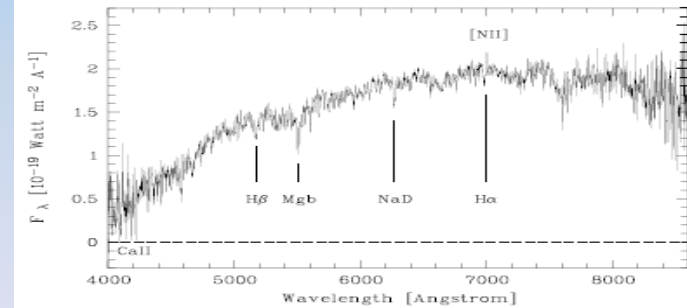
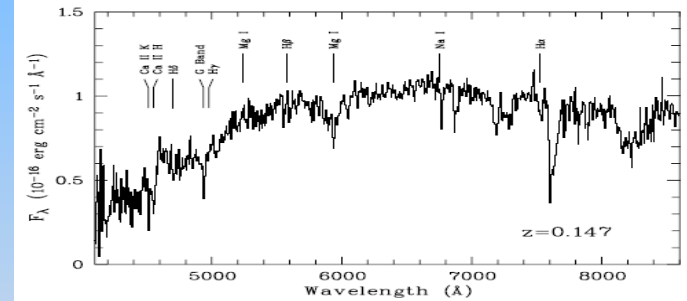
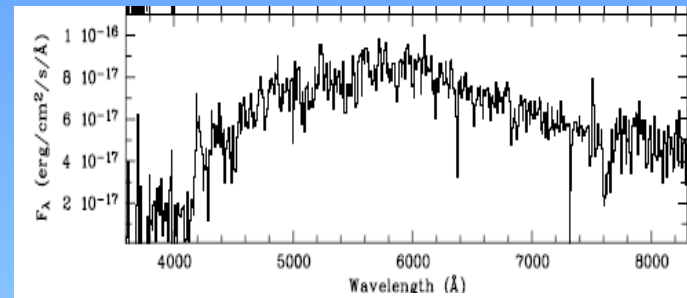
Greiner+ 2000

RXJ 1624.9+7554

Grupe, Thomas &
Leighly 1999

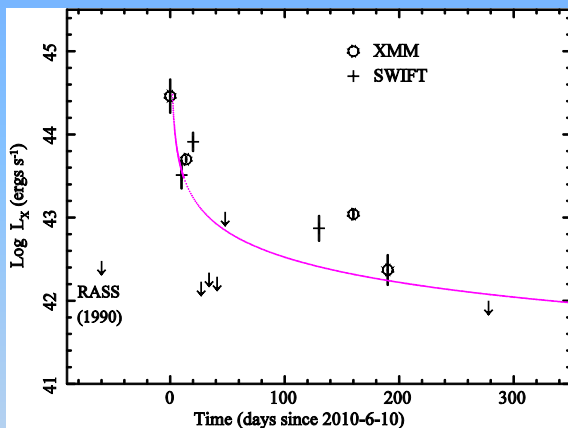
NGC 5905

Bade, Komossa &
Dahlem 1996;
Gezari+ 2003

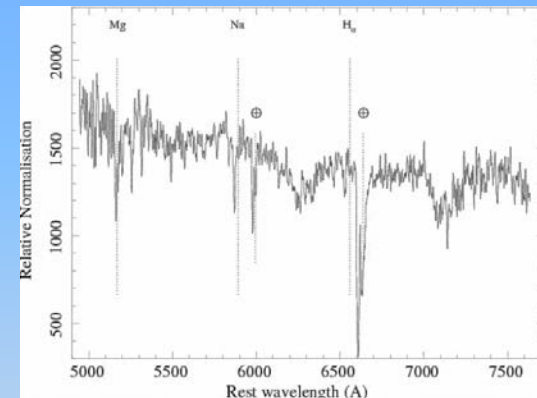
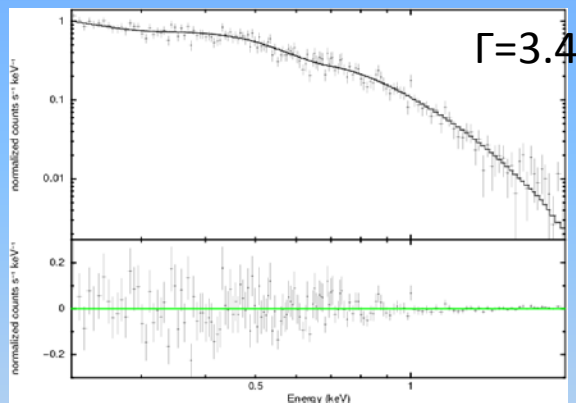


XMM - TDE

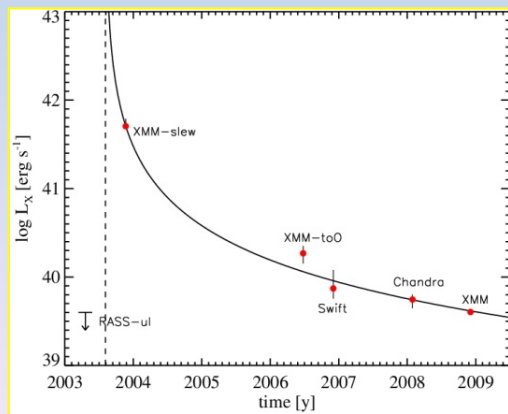
SDSS J1201+30



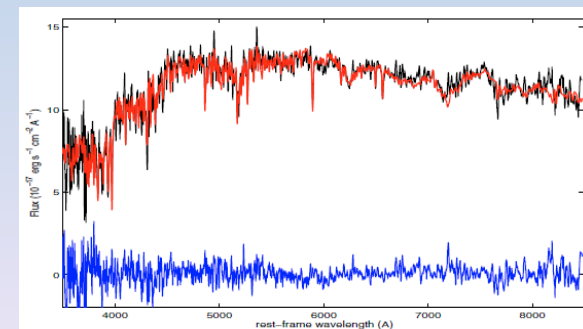
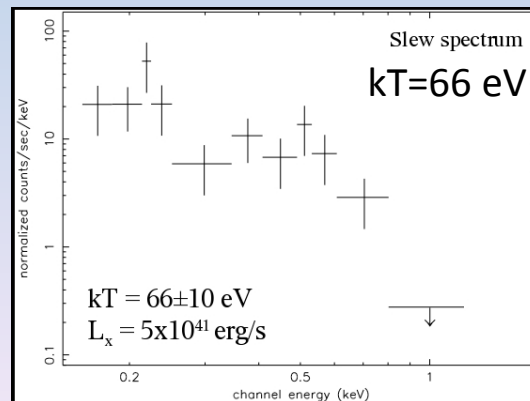
Saxton et al. 2012



SDSS J1323+43



Esquej et al. 2007,08

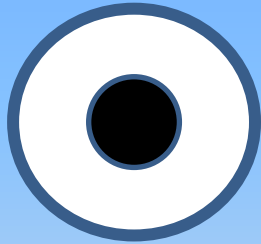


Also a few from pointed XMM obs: Maksym, 2010, 2013; Lin 2013

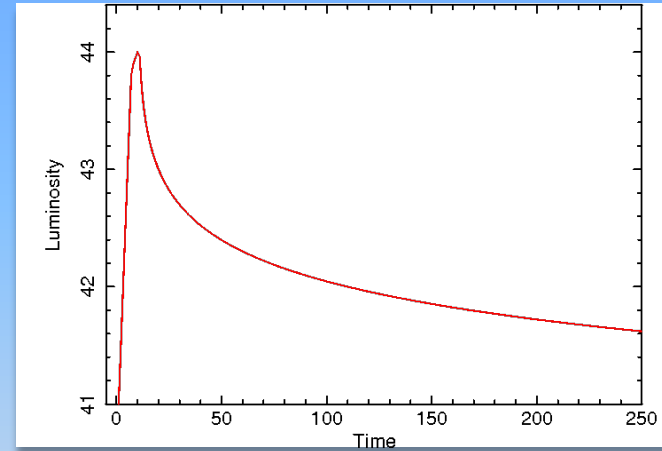
TDE theory - light curves

Classical

Rees 1988

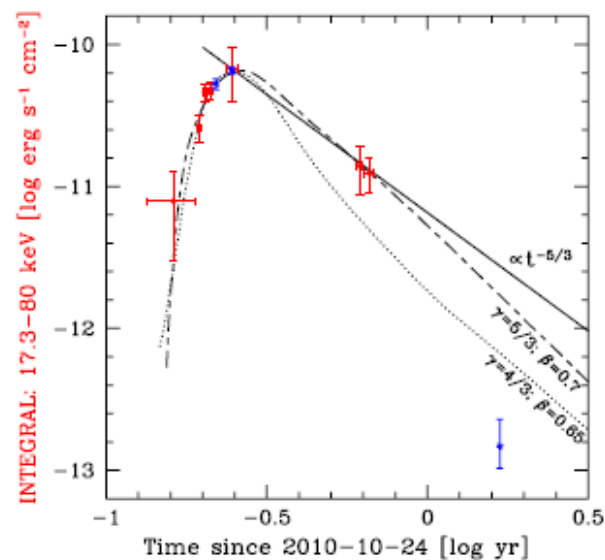


Fast, close circularisation



TDE - Fast Rise events

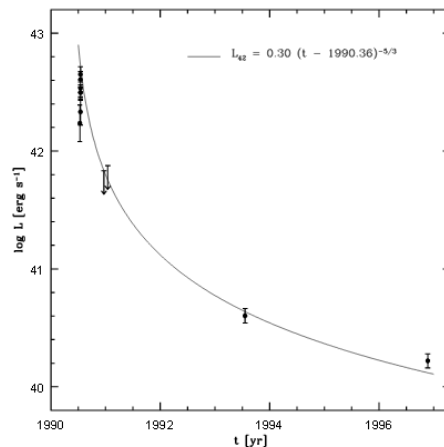
NGC 4845



Nikolajok & Walter 2013

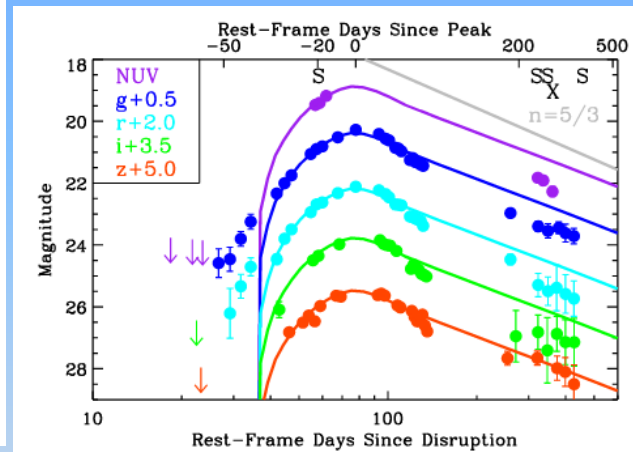
Factor 500 X-ray flux decline
In 1.5 years

NGC 5905



Komossa & Bade 98
Li et al. 2002

PS1-10jh



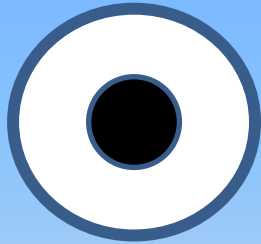
Gezari et al. 2012

When the rise is caught it is invariably fast – few weeks.

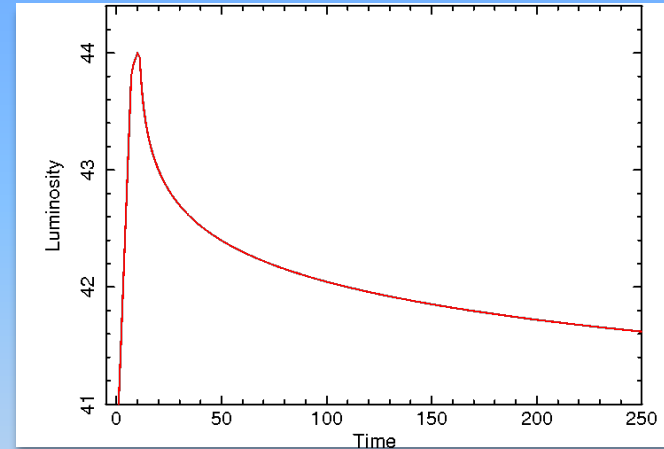
TDE theory - light curves

Classical

Rees 1988



Fast, close circularisation

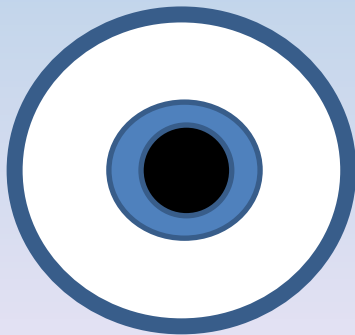


Guillochon & Ruiz-Ramirez 2015

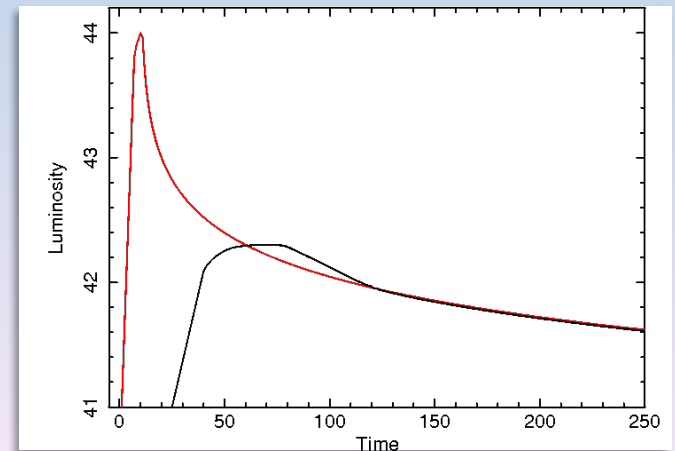
Shiokawa et al. 2015

Hayasaki, Stone & Loeb 2015

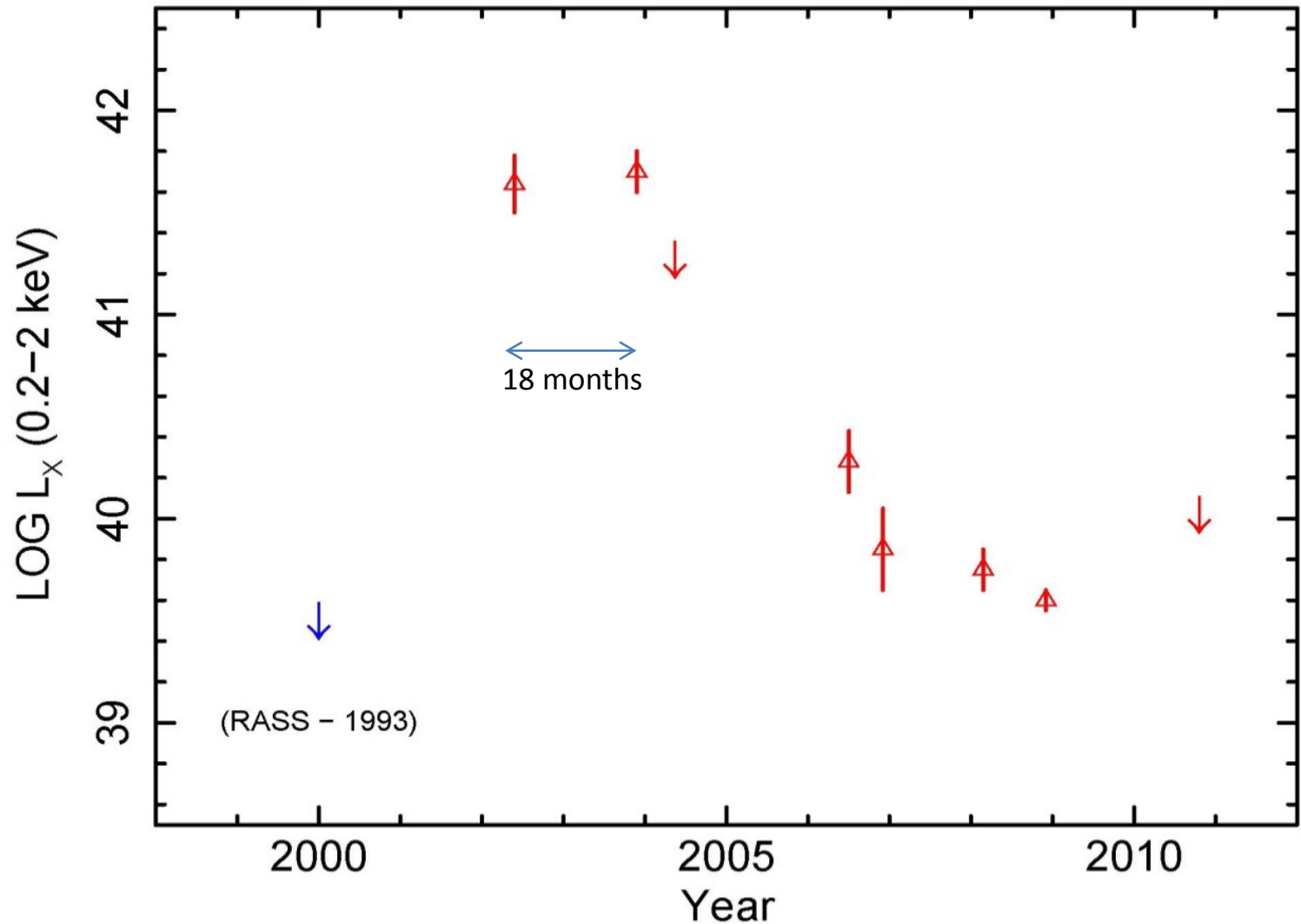
Bonnerot et al. 2015



Recent numerical simulations, show that the Circularisation is usually later and more distant



NGC 3599 - delayed TDE ?



Long-term, X-ray light curve of NGC 3599

Conclusions

- Some AGN show evidence for large variability which may be due to a disc instability but why so few ?
- *Delayed* TDE may be more common than the *Prompt* TDE that we have discovered so far and can be found by comparing surveys over many years. Is NGC 3599 an example ?
- eRosita should (by end of survey) increase the numbers of these rare events by factor of 10s.